PLEASE HANG THIS CALENDAR UP

# NATIONAL CALENDAR

OR

# HERRICK'S ALMANAC

FOR THE YEAR OF OUR LORD

# 1909

**Being, until July 4th, the 133d of American Independence**

IN WHICH ARE CONTAINED, AMONG OTHER USEFUL AND ENTERTAINING MATTERS, THE REMARKABLE

## ECLIPSES, LUNATIONS, CONJUNCTIONS AND ASPECTS

WITH

## TABLES OF THE RISING AND SETTING OF THE SUN AND THE MOON, AND A NOTICE OF THE SUN'S FOUR CARDINAL INGRESSES.

"For He hath given me certain knowledge of the things that are, namely: to know how the world was made, and the operations of the elements; the beginning, ending, and midst of the Times."—WISDOM, vii. 17, 18.

PUBLISHED BY THE PROPRIETORS OF

## DR. HERRICK'S FAMILY MEDICINES

**DR. HERRICK'S FAMILY MEDICINE CO.,**

JAMES F. BALLARD, Proprietor.

**Removed to St. Louis, Mo., U. S. A., June 1, 1906**

# TO OUR PATRONS.

Recent legislative enactments against certain proprietary medicines have not affected us, just because our preparations are what they claim to be—first-class proprietary medicines, tested by scores of years, and by thousands of sufferers, who all are good customers, once they have tried them. There is a prejudice against proprietary medicines which is as unjust as it is unwise. The practicing physician usually refers to them as "cure-alls." Now the actual armature of a practicing physician is little more than quinine, coal tar drugs, calomel and strychnine. One gives tone, the other stops pain, the third clears the alimentary canal, and the last stimulates. Dr. Herrick's Family Remedies have the same function, only they are not harmful, as many of the "regular" drugs are. DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS clear the alimentary canal; Renne's MAGIC OIL gives tone, stimulates and takes away pain; DR. HERRICK'S BELLADONNA PLASTERS alleviate pain; DR. HERRICK'S CAPSICUM PLASTERS are a counter-irritant and draw out an inflammation, scatter it.

As far as purpose is concerned then, Dr. Herrick's Family Remedies cover exactly the same ground.

They have this advantage over the "regular" method, however—if we look the question squarely in the face—that the patient knows exactly what he is taking, and that he is not experimented upon; that he takes no drug which is so dangerous that it is prohibited in some states, as the coal tar remedies are. He has the further advantage that our medicines are taken everywhere daily and that their good results are invariable.

The remedies which we recommend have been established after years of experience. Renne's MAGIC OIL has been on the market for over 70 years; DR. HERRICK'S PILLS AND PLASTERS nearly as long. Swaim's PANACEA was first made in Philadelphia in 1820, and has a reputation for wonderful and remarkable cures extending down for nearly a century.

Our remedies sell because they have sterling merit and do what we claim for them.

We take this occasion to thank our friends and patrons for their confidence, and we promise them that we shall be as strict as ever in our systematic endeavor to give them the best and most reliable remedies.

# WHAT IS LIFE?

Life is a short span of time, in which pleasure and pain are the epochs. The wise man plucks rational enjoyment from every incident along his way. He will make it a point to lengthen his years of enjoyment and shorten his periods of pain. Every hour of pain and illness is an hour lost, never to be replaced; every hour of harmony and peace is an hour gained. As the miser garners his gold, so does the wise man garner his hours of health and enjoyment.

The human body is so constructed that there will be suffering, because the machinery of the body will at times, from various causes, become deranged. These derangements often cause great pain and endanger life. They should have most prompt and efficient attention, as a little neglect of even slight pains and aches is often the cause of a complaint becoming chronic.

Immoderate eating and drinking and various other excesses cause many of our ills in life. Yet life would not be worth living were we continually to be on the alert not to get hurt. The secret of happiness lies in cutting short the consequences. Surely the dyspeptic has no enjoyment of life in keeping a strict diet. The person who is always guarding against draughts leads a miserable existence. We must be careful to an easy degree, and when sickness attacks get rid of it as quickly as we can.

Ninety-nine cases of illness out of every hundred originate in the alimentary canal, and they are usually corrected with ease, if attended to at once. The man who knows how to live will always have his remedy right at hand, and patch himself up as soon as there is any trouble; then forget it and go on enjoying himself in a reasonable sensible manner.

DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS will put the alimentary canal in first-class condition whenever it is out of order.

There are many cases of colds, sore throat, colic, dysentery, diarrhœa, cholera morbus and cramps which are caused by changes in the weather, sudden exposure to damp and cold, also due to intemperate eating, which yield to the old time-tried remedy, Renne's PAIN-KILLING MAGIC OIL. Fifteen drops in hot milk or water internally, or a small quantity rubbed externally over affected parts, gives marvellous relief. Has been sold over a period of seventy years.

The blood is the source of life. Contagious blood disease, scrofula, old sores, eczema, ulcers, and all kinds of skin troubles afflict great numbers of the human family. For such diseases there is nothing which equals Swaim's PANACEA. It has a record of cures extending over three-quarters of a century, and is essentially A HOME REMEDY. It can be taken in the privacy of your home.

# ALMANAC CALCULATIONS FOR 1909

## CHRONOLOGICAL ERAS.

The year 1909 comprises the latter part of the 133rd, the beginning of the 134th of the American Independence, and corresponds to Julian Period, 6621; Jewish Era, 5669-5670; Japanese, 2569; since foundation of Rome, 2662; Mohametan, 1327; Meiji Era, 42; Era of Diocletian, 1625; Byzantine Era, 7418.

## PLANETS BRIGHTEST OR BEST SEEN IN 1909.

Mercury, January 4th before sunrise; May 3d before sunrise; July 15th after sunset; August 29th before sunrise; November 9th after sunset; December 18th before sunrise. Venus October 26th. Jupiter at apposition 28th. Saturn at apposition September 24th.

## THE SEASONS FOR 1909. Eastern Standard Time.

| | | | | | days | hours | min. |
|---|---|---|---|---|---|---|---|
| Winter | begins 1908, December | 22, | 7.04 | A. M. and lasts | 89 | 0 | 50 |
| Spring | begins 1909, March | 21, | 7.54 | A. M. and lasts | 92 | 19 | 48 |
| Summer | begins 1909, June | 22, | 3.42 | A. M. and lasts | 93 | 14 | 33 |
| Autumn | begins 1909, September | 23, | 6.15 | P. M. and lasts | 89 | 18 | 38 |
| Winter | begins 1909, December | 22, | 0.53 | P. M. Cal. year | 365 | 5 | 48 |

♈ ARIES.—THE HEAD.

♊ GEMINI. THE ARMS.

♉ TAURUS. THE NECK.

♌ LEO. THE HEART.

♋ CANCER. THE BREAST.

♎ LIBRA. THE REINS.

♍ VIRGO. THE BOWELS.

♐ SAGGITARIUS. THE THIGHS.

♏ SCORPIO. THE SECRETS.

♒ AQUARIUS. THE LEGS.

♑ CAPRICORNUS THE KNEES.

♓ PISCES.—THE FEET.

## CHRONOLOGICAL CYCLES FOR 1909.

| | | | |
|---|---|---|---|
| Dominical Letter | C | Solar Cycle | 14 |
| Lunar Cycle (Golden Number) | 10 | Roman Indiction | 7 |
| Epact | 8 | Julian Period | 6622 |

## MORNING AND EVENING STARS, 1909.

The Planet Venus (♀) begins as Morning Star and continues as such until April 28th, after which date she is Evening Star the balance of the year.

The Planet Mars (♂) is Morning Star until September 24th, and then Evening Star to the end of the year.

The Planet Jupiter (♃) will be Morning Star until February 28th, then Evening Star until September 18th, after which date he will be Morning Star to the end of the year.

The Planet Saturn (♄) is Evening Star until April 3rd, after which date it is Morning Star until October 13th, and then Evening Star the balance of the year.

## CHURCH DAYS FOR 1909.

| | | | |
|---|---|---|---|
| Epiphany | January 6 | Low Sunday | April 18 |
| Septuagesima Sunday | February 7 | Rogation | May 16 |
| Sexagesima Sunday | February 14 | Ascension | May 20 |
| Shrove Tuesday | February 23 | Whit Sunday | May 30 |
| Ash Wednesday | February 24 | Trinity | June 6 |
| Palm Sunday | April 4 | Corpus Christi | June 10 |
| Good Friday | April 9 | Advent | November 28 |
| Easter Sunday | April 11 | Christmas | December 25 |

## EMBER DAYS, 1909.

March 3, 5 and 6. June 3, 5 and 6. Sept. 15, 17 and 18. Dec. 15, 17 and 18.

## ECLIPSES, 1909.

In the year 1909 there will be four eclipses—two of the Sun, and two of the Moon.

I.—A total eclipse of the Moon, 1909, June 3; partly visible in the United States, except the Northwestern portion. The moon rises eclipsed at Washington.

### CIRCUMSTANCES OF THE ECLIPSE.

| GREENWICH MEAN TIME. | | GREENWICH MEAN TIME. | |
|---|---|---|---|
| Moon enters Penumbra. | June 3, 10h., 36m. | Total eclipse ends..... | June 3, 13h., 59m. |
| Total eclipse begins.... | June 3, 12h., 58m. | Moon leaves Penumbra. | June 3, 16h., 21m. |
| Middle of eclipse..... | June 3, 13h., 28m. | | |

II.—Central eclipse of the Sun, 1909, June 17, visible at Washington as a partial eclipse, the Sun setting eclipsed. The central eclipse will begin as an annular eclipse, will change in a few seconds to a total eclipse, will remain so to within a fraction of a minute of its end, when it will change back to an annular eclipse. This eclipse is visible in all of North America.

| GREENWICH MEAN TIME. | | GREENWICH MEAN TIME. | |
|---|---|---|---|
| Eclipse begins ..... | June 17, 9h., 04m. | Eclipse ends ..... | June 17, 13h., 36m. |
| Central eclipse at noon. | June 17, 11h., 31m. | | |

III.—Total eclipse of the Moon, 1909, November 26, visible in the United States.

Eclipse begins ... November 26, 18h., 11m. | End of eclipse... November 26, 23h., 27m.

IV.—Partial eclipse, 1909, December 12; invisible in America, visible in the South Pacific Ocean only.

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"Poor John! He's been to the hospital and they took his appendix."

"Appendix?—yes, begorrah, them is the things they like to take. He ought to have put it in his wife's name."

"What do them letters up there mean,—MDCCCXCVII?"

"They mean 1897."

"Don't you think they are overdoing that spelling reform business?"


# On the Market for over 70 Years

### Farmers and Horse and Cattle Owners

HARVELL'S CONDITION POWDERS have been on the market for over 70 years. Each package is filled with medicine especially suited to Horses and Cattle. If you would keep your stock in a healthy condition, it is necessary to keep up their appetite.

# Harvell's Condition Powders

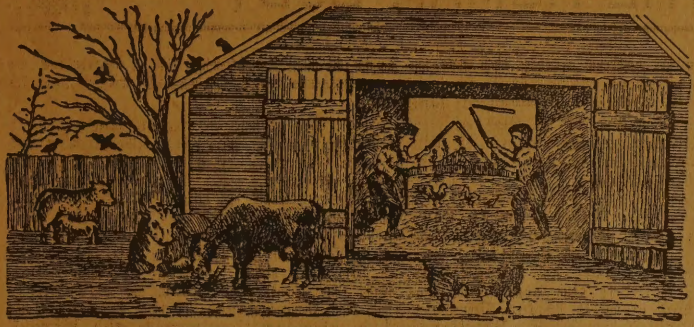
will give them an appetite; their food digests and they take on fat. A few days' use and the powders will speak for themselves. You will soon note an improvement in your stock and will find buying *Harvell's Condition Powders* a paying investment.

PRICE, 25 CENTS.

MANUFACTURED BY

**Dr. Herrick's Family Medicine Co., St. Louis, Mo.**

1st Month. **JANUARY.** 31 Days.



**WEATHER FORECAST—1909.**
**JANUARY.**

First half mild, with snow; second half cold, clear skies. Storm periods: 4th to 8th, 12th to 15th, 19th to 23rd. These periods are prepared by unsettled weather, change of wind, usually northwest, and moderate. First and second periods bring snow, last cold weather; between the two, balmy.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 6 9 28 m. | 6 8 28 m. |
| Last Quar. | 14 1 27 e. | 14 12 27 e. |
| New Moon | 21 7 27 e. | 21 6 27 e. |
| First Quar. | 28 10 23 m. | 28 9 23 m. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Fri | New Year | 7 30 | 4 38 | 1 19 | 7 26 | 4 43 | 1 22 | 6 58 | 5 12 | 1 40 |
| 2 | Sa | Million-dollar fire, Portsmouth, Eng. '07 | 7 30 | 4 39 | 2 05 | 7 26 | 4 43 | 2 12 | 6 58 | 5 12 | 2 32 |
| 3 | Su | **2nd Sunday after Christmas** | 7 30 | 4 40 | 3 15 | 7 26 | 4 44 | 3 20 | 6 57 | 5 13 | 3 32 |
| 4 | Mo | Sep.Church & State,France'07 | 7 30 | 4 41 | 3 52 | 7 25 | 4 45 | 4 1 | 6 57 | 5 14 | 4 20 |
| 5 | Tu | Emma Abbott died '01 | 7 30 | 4 42 | 4 38 | 7 25 | 4 46 | 4 51 | 6 57 | 5 15 | 4 58 |
| 6 | W | Epiphany | 7 30 | 4 43 | 5 30 | 7 25 | 4 47 | 5 38 | 6 57 | 5 15 | 5 47 |
| 7 | Th | $3,000,000 fire, Siam '07 | 7 30 | 4 45 | rises | 7 25 | 4 48 | rises | 6 57 | 5 16 | rises |
| 8 | Fri | Engl. protect Shah Persia '07 | 7 29 | 4 46 | 6 15 | 7 24 | 4 49 | 6 19 | 6 57 | 5 17 | 6 28 |
| 9 | Sa | Philippine Gen. Elec. law '07 | 7 29 | 4 47 | 7 28 | 7 24 | 4 50 | 7 33 | 6 57 | 5 18 | 7 38 |
| 10 | Su | **1st Sunday after Epiphany** | 7 29 | 4 48 | 8 40 | 7 24 | 4 51 | 8 45 | 6 57 | 5 18 | 8 52 |
| 11 | M | Typhoon, Philippines, kills 1000 '07 | 7 29 | 4 49 | 9 50 | 7 24 | 4 52 | 9 52 | 6 57 | 5 19 | 9 58 |
| 12 | Tu | Gen. Service bill passed '07 | 7 28 | 4 50 | 10 55 | 7 23 | 4 53 | 11 1 | 6 57 | 5 20 | 11 03 |
| 13 | W | Porto Rico Legislature meets '07 | 7 28 | 4 51 | morn | 7 23 | 4 55 | morn | 6 57 | 5 21 | morn |
| 14 | Th | Kingston des.by earthq'ke'07 | 7 28 | 4 53 | 12 07 | 7 22 | 4 56 | 12 09 | 6 57 | 5 22 | 12 15 |
| 15 | Fri | Maximilian surrendered '67 | 7 27 | 4 54 | 1 38 | 7 22 | 4 57 | 1 41 | 6 57 | 5 23 | 1 43 |
| 16 | Sa | Samoan treaty '00 | 7 27 | 4 55 | 2 20 | 7 22 | 4 58 | 2 23 | 6 57 | 5 24 | 2 28 |
| 17 | Su | **2nd Sunday after Epiphany** | 7 26 | 4 56 | 3 14 | 7 21 | 4 59 | 3 18 | 6 57 | 5 24 | 3 30 |
| 18 | M | Falliere Pres. France '06 | 7 26 | 4 57 | 4 08 | 7 21 | 5 0 | 4 12 | 6 56 | 5 25 | 4 20 |
| 19 | Tu | Robt. E. Lee Centennial '07 | 7 25 | 4 59 | 5 18 | 7 20 | 5 1 | 5 20 | 6 56 | 5 26 | 5 28 |
| 20 | W | Central Amer. arbitration '07 | 7 24 | 5 0 | 6 30 | 7 20 | 5 2 | 6 35 | 6 56 | 5 27 | 6 37 |
| 21 | Th | Great Ohio floods '07 | 7 24 | 5 1 | sets | 7 19 | 5 3 | sets | 6 56 | 5 28 | sets |
| 22 | Fri | Death Queen Victoria '01 | 7 23 | 5 2 | 6 48 | 7 19 | 5 4 | 6 52 | 6 55 | 5 29 | 6 55 |
| 23 | Sa | Diaz opensTehuantepecRy'07 | 7 22 | 5 4 | 7 35 | 7 18 | 5 6 | 7 39 | 6 55 | 5 29 | 7 42 |
| 24 | Su | **3rd Sunday after Epiphany** | 7 22 | 5 5 | 8 40 | 7 18 | 5 7 | 8 46 | 6 54 | 5 30 | 8 50 |
| 25 | M | Simplon tunnel opened '06 | 7 21 | 5 6 | 9 52 | 7 17 | 5 8 | 9 54 | 6 54 | 5 31 | 9 57 |
| 26 | Tu | Spain grants liberties to people '07 | 7 21 | 5 7 | 11 05 | 7 16 | 5 9 | 11 08 | 6 54 | 5 32 | 11 10 |
| 27 | W | Panama R. R. opened '55 | 7 20 | 5 9 | morn | 7 15 | 5 11 | morn | 6 53 | 5 33 | morn |
| 28 | Th | President advocates larger ship subsidy '07 | 7 18 | 5 10 | 12 17 | 7 15 | 5 12 | 12 19 | 6 53 | 5 34 | 12 24 |
| 29 | Fri | Napoleon III. surr. '71 | 7 17 | 5 11 | 12 52 | 7 14 | 5 14 | 12 54 | 6 52 | 5 35 | 12 57 |
| 30 | Sa | Panama R. R. under Canal Commission '07 | 7 16 | 5 13 | 1 25 | 7 13 | 5 15 | 1 28 | 6 52 | 5 36 | 1 32 |
| 31 | Su | **4th Sunday after Epiphany** | 7 15 | 5 13 | 2 15 | 7 12 | 5 16 | 2 18 | 6 51 | 5 37 | 2 22 |

*Dr. Herrick's Sugar-Coated Vegetable Pills* PREVENT DISEASE.

**Dr. Herrick's Capsicum Plaster a Fine Counter-Irritant**

# THE HUMAN BODY.

Of all the wonders in nature surely the human body is the greatest. It is equipped to carry on life for three score or more years, to give us pleasure in a thousand ways, and to hold together and work in spite of all kinds of dangers.

The chief function of the body is that of continuing life. Once set upon the earth it reorganizes itself as quickly as the waste of life disorganizes it, supplies all losses and manages to keep itself about in the same condition always. A cursory glance would almost make us believe that the alimentary canal is all there is to man, with appendages to find its food, and to feed itself. The French philosopher, Pascal, stated as much when he said: "Man is but a digestive tube." The mouth and the œsophagus serve to bring the food to the stomach; the stomach digests it; the small bowels suck the digested food into the blood. The blood has the duty of furnishing the digestive fluid, and is kept in continual circulation, filling up spaces made by the friction of life and thus keeping up the frame that carries the digestive tube; the heart has the duty to keep the blood in circulation, the lungs to aerate it and make it fit for digestion and the maintenance of the frame. The liver supplies the bile which serves in digestion and in cleaning the bowels; the kidneys separate from the blood noxious substances, etc., etc.

It is no wonder then, that up to within a few years the science of medicine confined itself principally to keeping the alimentary canal in good order, and even today we may say, that successful treatment of human ills is generally directed to the "digestive duct." Symptom treatment with other objectives is usually erroneous.

DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS put the digestive duct in first-class order and are therefore strictly scientific. In view of what has been said we might almost risk the rhyme:

To heal every human ill
Take Dr. Herrick's Pill.

There may be cases where the rhyme will not be directly applicable, as in injuries to the frame; but even here it must be remembered that the body is so made as to resist such injuries and repair them sufficiently to continue life; and if we aid nature to rid herself of impediments in the alimentary canal, we shall have done much towards that repair. Therefore, while the "Pill" is not directly the curative agent in all cases, it will help nature to perform her functions. For after all nature must do the "curing" in the end,—we can only help along and expedite the process. Many physicians lose faith in the "science" of medicine because they start out with the notion that they can force nature and work without and against her. DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS work with nature; they do not pretend to do something that "science" will never be able to do—act independently of nature.

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An Irishman smoking his pipe in a railway station waiting-room.

A buxom dame enters and sits next to him.

She (after a while): If I were your wife I would give you poison.

He (coolly): If I were your husband I would take poison.

Lady: Here, Bridget, is a thermometer for baby's bath.

Bridget: Oh, mum, I've no need for such doin's. I can always tell when the water is right. I just puts him in the water,—when he turns blue, the water is too cold; when he turns red the water is too hot.

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HERRICK'S PLASTERS
RENNE'S MAGIC OIL
Health
SWAIM'S PANACEA
HERRICK'S PILLS

CONDITION
HARVELL'S
Wealth
POWDERS
STOCK and POULTRY

2nd Month. **FEBRUARY.** 28 Days.

**WEATHER FORECAST—1909.**
**FEBRUARY.**

Blustery, except end. Storm periods: 5th to 7th, 12th to 16th, 22d to 28th. First period bitter cold, prepared by transition period and end in one. Second period, snow; more moderate weather; very cold at its height. Last period rainy, snowy above median line, followed by mild weather.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 5 3 40 m. | 5 2 40 m. |
| Last Quar. | 13 8 2 m. | 13 7 2 m. |
| New Moon | 20 6 8 m. | 20 4 8 m. |
| First Quar. | 26 10 5 e. | 26 9 5 e. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | M | Philippines subjugated '01 | 7 14 | 5 14 | 2 57 | 7 11 | 5 17 | 2 59 | 6 51 | 5 37 | 3 0 |
| 2 | Tu | Candlemass | 7 13 | 5 15 | 3 24 | 7 10 | 5 19 | 3 30 | 6 50 | 5 38 | 3 37 |
| 3 | W | $10,000,000 charity fund, Mrs. R. Sage '07 | 7 12 | 5 17 | 4 22 | 7 9 | 5 20 | 4 25 | 6 50 | 5 39 | 4 28 |
| 4 | Th | Holland women in parl. '07 | 7 11 | 5 18 | 5 22 | 7 8 | 5 21 | 5 25 | 7 49 | 5 40 | 5 28 |
| 5 | Fri | Napoleon I. born 1768 | 7 10 | 5 19 | rises | 7 7 | 5 22 | rises | 6 48 | 5 41 | rises |
| 6 | Sa | Municipal ownership failed London '07 | 7 9 | 5 20 | 6 21 | 7 6 | 5 23 | 6 23 | 6 48 | 5 41 | 6 29 |
| 7 | Su | **Septuagesima Sunday** | 7 8 | 5 22 | 7 41 | 7 4 | 5 25 | 7 43 | 6 47 | 5 42 | 7 45 |
| 8 | M | $32,000,000 education fund, J. D. Rockefeller '07 | 7 7 | 5 23 | 8 35 | 7 3 | 5 26 | 8 38 | 6 46 | 5 43 | 8 41 |
| 9 | Tu | Women suffragists in Engl. '07 | 7 5 | 5 24 | 9 23 | 7 2 | 5 27 | 9 25 | 6 46 | 5 44 | 9 28 |
| 10 | W | Persia ousts foreigners '07 | 7 4 | 5 26 | 10 18 | 7 1 | 5 28 | 10 20 | 6 45 | 5 45 | 10 22 |
| 11 | Th | Ilo Ilo taken '00 | 7 3 | 5 27 | 11 16 | 7 0 | 5 29 | 11 19 | 6 44 | 5 46 | 11 24 |
| 12 | Fri | Ab. Lincoln born 1809 | 7 1 | 5 28 | morn | 6 58 | 5 31 | morn | 6 43 | 5 46 | morn |
| 13 | Sa | Largest sunspot '07 | 7 0 | 5 30 | 12 8 | 6 57 | 5 32 | 12 10 | 6 42 | 5 47 | 12 14 |
| 14 | Su | **Sexagesima Sunday** Valentine's Day | 6 58 | 5 31 | 1 4 | 6 56 | 5 33 | 1 8 | 6 41 | 5 48 | 1 12 |
| 15 | M | Maine blown up '98 | 6 57 | 5 32 | 2 6 | 6 55 | 5 34 | 2 8 | 6 40 | 5 49 | 2 10 |
| 16 | Tu | Silver bill passed 1878 | 6 56 | 5 33 | 3 7 | 6 53 | 5 35 | 3 9 | 6 39 | 5 50 | 3 12 |
| 17 | W | Sergius assassinated '05 | 6 55 | 5 35 | 4 10 | 6 52 | 5 37 | 4 12 | 6 39 | 5 50 | 4 16 |
| 18 | Th | Great Nor. Ry. indicted '07 | 6 53 | 5 36 | 5 12 | 6 50 | 5 38 | 5 16 | 6 38 | 5 51 | 5 22 |
| 19 | Fri | Great Sepoy revolt, 1857 | 6 52 | 5 37 | sets | 6 49 | 5 39 | sets | 6 37 | 5 52 | sets |
| 20 | Sa | Smoot, Utah, seated in Sen. '07 | 6 50 | 5 38 | 6 20 | 6 48 | 5 40 | 6 23 | 6 36 | 5 53 | 6 26 |
| 21 | Su | **Quinquagesima Sunday** | 6 49 | 5 40 | 7 27 | 6 46 | 5 41 | 7 30 | 6 35 | 5 53 | 7 33 |
| 22 | M | Washington's birthday | 6 47 | 5 41 | 8 35 | 6 45 | 5 43 | 8 37 | 6 34 | 5 54 | 8 38 |
| 23 | Tu | Shrove Tuesday | 6 46 | 5 42 | 9 56 | 6 43 | 5 44 | 9 58 | 6 33 | 5 55 | 10 00 |
| 24 | W | Ash Wednesday | 6 44 | 5 43 | 11 3 | 6 42 | 5 45 | 11 5 | 6 32 | 5 56 | 11 6 |
| 25 | Th | Cuban cockfights prohibited '07 | 6 43 | 5 45 | morn | 6 41 | 5 46 | morn | 6 31 | 5 56 | morn |
| 26 | Fri | U. S. acquires Panama Canal Zone '04 | 6 41 | 5 46 | 12 19 | 6 39 | 5 47 | 12 22 | 6 30 | 5 57 | 12 25 |
| 27 | Sa | All bids rejected, Panama Canal, '07 | 6 40 | 5 47 | 12 55 | 6 38 | 5 48 | 12 57 | 6 29 | 5 58 | 12 59 |
| 28 | Su | **1st Sunday in Lent** | 6 38 | 5 48 | 1 40 | 6 36 | 5 49 | 1 42 | 6 28 | 5 58 | 1 45 |

**BLOOD IS LIFE: LIFE IS PERFECT, WHEN THE BLOOD IS PERFECT.**

**SWAIM'S PANACEA** CURES THE BLOOD AND GIVES PERFECT LIFE.

# THE BLOOD.

Oxygen is life. Blood that lacks oxygen has not the required qualities to sustain life, or to give life and maintain it. In the degree that the oxygen is lacking in the blood, it will give off certain other substances which ought to remain in it and are required for health. That is the case in Albuminuria, in Diabetes, where sugar and albumen are given off through the kidneys. Substances will form that should not be in the blood, such as uric acid in quantity, a condition which we find in gout, rheumatism and neuralgia. There will be a lack of red corpuscles, as is found in Chlorosis or Anemia. In fact, many diseases which lie like an incubus on humanity are due to a want of oxygen in the blood.

How does oxygen get into the blood? How can we furnish it when it is wanting? How can we correct the condition?

Oxygen is the life of everything that grows and is organized. When we eat food, it contains oxygen and we are the beneficiaries of it. When the food is spoiled, or when in the process of its preparation oxygen is lost, it will be lifeless, that is, lack the substance that gives life—the stomach will not be properly stimulated by it, the digestion will be imperfect, the chyle will not contain much of the life-giving substance, and the blood will become poor in oxygen.

What is needed in such cases is a stimulant to digestion, a stimulant to the entire machinery of the body, so that the lungs will act the better and supply the lack, the stomach give off the required amount of hydrochloric acid to make up for the want and, in short, have the system make up for what the food lacks in itself.

For that purpose we can recommend Renne's MAGIC OIL as a stimulant to all the organs involved; that is the logical mode of curing such diseases as diabetes, albuminuria, chlorosis, anemia, gout, rheumatism and neuralgia.

# NERVES.

The nerves are little tubes which hold the "medulla" that is brain matter. Like all substance in the body this medulla may be worn out by over-use. Business men who work incessantly, society women whose social duties force them to over-exertion, students, professional men who labor without relief, often feel so thoroughly tired out that life has no more attractions for them. They lose appetite for food as well as pleasure, and finally they cannot even recruit by sleep. That is a sign that their nerves are worn out. Some become so downhearted over their condition that they collapse. There is no need of that. Let them stop working for a few days from time to time and take Renne's MAGIC OIL. That remedy has a wonderful effect: it seems to infuse new life into the organism, augment the appetite, raise one's spirits and give new zest. They should take as much fresh air as they can without walking very much,—simply sit out in the air, if the weather is pleasant, sleep with open windows and eat plain nourishing food. In a few days the improvement will set in.

WHERE there is inflammation there is a lack of absorption.
Get the absorbents to work by taking

## Dr. Herrick's
## Sugar-Coated Vegetable Pills

NOTHING MORE NATURAL
NOTHING SAFER
NOTHING MORE EFFECTIVE

3rd Month. **MARCH.** 31 Days.

**WEATHER FORECAST—1909.**

**MARCH.**

March is pleasant, but windy; first half cold, second half warmer than it should be. Storm periods: 2d to 5th, 10th to 14th, 22d to 26th. The first cold with snow, the second warm with rains; last, thunder showers and warm. End of month cool.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 6 10 11 e. | 6 9 11 e. |
| Last Quar. | 14 10 57 e. | 14 9 57 e. |
| New Moon | 21 3 27 e. | 21 2 27 e. |
| First Quar. | 28 0 4 e. | 28 11 27 m. |

| Day of Month | Day of Week | SIGNIFICANCE OF STATE NAMES. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | M | Alabama—Here we rest | 6 36 | 5 50 | 2 35 | 6 35 | 5 50 | 2 37 | 6 25 | 5 59 | 2 40 |
| 2 | Tu | California—Hot furnace | 6 35 | 5 51 | 3 17 | 6 33 | 5 51 | 3 19 | 6 24 | 6 0 | 3 22 |
| 3 | W | Georgia—honor George II | 6 33 | 5 52 | 4 05 | 6 32 | 5 52 | 4 7 | 6 23 | 6 1 | 4 11 |
| 4 | Th | Idaho—Gem of mountains | 6 32 | 5 53 | 4 48 | 6 30 | 5 54 | 4 50 | 6 22 | 6 1 | 4 55 |
| 5 | Fri | Illinois—Tribe of men | 6 30 | 5 54 | 5 28 | 6 29 | 5 55 | 5 30 | 6 21 | 6 2 | 5 32 |
| 6 | Sa | Iowa—Drowsy ones | 6 28 | 5 56 | 5 58 | 6 27 | 5 56 | 5 58 | 6 20 | 6 3 | 5 58 |
| 7 | **Su** | **2nd Sunday in Lent** | 6 27 | 5 57 | rises | 6 25 | 5 57 | rises | 6 18 | 6 4 | rises |
| 8 | M | Kansas—Smoky water | 6 25 | 5 58 | 7 56 | 6 24 | 5 58 | 7 57 | 6 17 | 6 4 | 7 58 |
| 9 | Tu | Kentucky—Head of river | 6 23 | 5 59 | 8 36 | 6 22 | 6 00 | 8 37 | 6 16 | 6 5 | 8 38 |
| 10 | W | Louisiana—honor Louis XIV | 6 21 | 6 0 | 9 40 | 6 21 | 6 01 | 9 42 | 6 15 | 6 6 | 9 44 |
| 11 | Th | Maine—Province in France | 6 20 | 6 1 | 10 48 | 6 19 | 6 02 | 10 50 | 6 14 | 6 6 | 10 52 |
| 12 | Fri | Massachusetts—Great hills | 6 18 | 6 3 | 11 47 | 6 17 | 6 03 | 11 49 | 6 13 | 6 7 | 11 53 |
| 13 | Sa | Michigan—Fishtrap, its shape | 6 16 | 6 4 | morn | 6 16 | 6 04 | morn | 6 11 | 6 7 | morn |
| 14 | **Su** | **3rd Sunday in Lent** | 6 15 | 6 5 | 12 47 | 6 14 | 6 05 | 12 49 | 6 10 | 6 8 | 12 51 |
| 15 | M | Minnesota—Whitish water | 6 13 | 6 6 | 1 48 | 6 13 | 6 06 | 1 50 | 6 9 | 6 9 | 1 53 |
| 16 | Tu | Mississippi—Father of waters | 6 11 | 6 7 | 2 38 | 6 11 | 6 07 | 2 40 | 6 8 | 6 9 | 2 42 |
| 17 | W | Missouri—Big Muddy | 6 9 | 6 8 | 3 28 | 6 09 | 6 08 | 3 30 | 6 7 | 6 10 | 3 33 |
| 18 | Th | Nevada—Snow covered | 6 8 | 6 10 | 3 52 | 6 08 | 6 09 | 3 58 | 6 5 | 6 11 | 3 59 |
| 19 | Fri | Ohio—Beautiful river | 6 6 | 6 11 | 4 30 | 6 06 | 6 10 | 4 33 | 6 4 | 6 11 | 4 35 |
| 20 | Sa | Oregon—River of the West | 6 4 | 6 12 | 5 50 | 6 05 | 6 11 | 5 52 | 6 3 | 6 12 | 5 55 |
| 21 | **Su** | **4th Sunday in Lent** | 6 3 | 6 13 | sets | 6 03 | 6 12 | sets | 6 1 | 6 13 | sets |
| 22 | M | Pennsylvania—Penn's forest | 6 1 | 6 14 | 6 56 | 6 01 | 6 13 | 6 58 | 6 0 | 6 14 | 7 00 |
| 23 | Tu | Carolina—honor Chas. I. Eng. | 5 59 | 6 15 | 7 45 | 5 59 | 6 14 | 7 48 | 5 58 | 6 14 | 7 51 |
| 24 | W | New York—for York, Engl. | 5 57 | 6 16 | 8 30 | 5 58 | 6 16 | 8 33 | 5 57 | 6 15 | 8 35 |
| 25 | Th | Tennessee—River of big bend | 5 56 | 6 17 | 9 22 | 5 66 | 6 17 | 9 25 | 5 56 | 6 15 | 9 27 |
| 26 | Fri | Vermont—Green Mount | 5 54 | 6 18 | 10 20 | 5 54 | 6 18 | 10 25 | 5 55 | 6 15 | 10 29 |
| 27 | Sa | Virginia—hon. Queen Eliz'b'th | 5 52 | 6 20 | 11 21 | 5 52 | 6 19 | 11 24 | 5 53 | 6 17 | 11 27 |
| 28 | **Su** | **Passion Sunday** | 5 50 | 6 21 | morn | 5 51 | 6 20 | morn | 5 52 | 6 17 | morn |
| 29 | M | Oklahoma—Beautiful land | 5 49 | 6 22 | 12 24 | 5 49 | 6 21 | 12 26 | 5 51 | 6 18 | 12 29 |
| 30 | Tu | Wisconsin—Rushing channel | 5 47 | 6 23 | 1 19 | 5 48 | 6 22 | 1 23 | 5 51 | 6 18 | 1 25 |
| 31 | W | Wyoming—Wide plain | 5 45 | 6 24 | 2 12 | 5 46 | 6 23 | 2 19 | 5 50 | 6 18 | 2 27 |

A GOOD TONIC WHEN FAGGED OUT, IS **Renne's Pain-Killing Magic Oil**

**Dr. Herrick's Pills for Torpid Liver.**

# HEART DISEASE.

There are few cases of anything really wrong with the heart,—the heart is very sensitive to nerve troubles, but even where the symptoms only indicate a "nervous" heart, death may ensue suddenly. Hence it is sufficiently serious to attend to it. We often read in the papers of people dropping dead on the street, or at a meal or in their offices. Thousands feel that gradually their heart is acting strangely, and they have at times such a "gone" feeling that they become frightened. If they will take Renne's MAGIC OIL whenever they feel that distress, they will always keep it within easy reach. It stimulates the heart in an easy and natural way.

# PILES.

When the large bowel is obstructed there is a tendency to force the lower portions of the portal vein and its larger branches outside of the anal opening. Itching and painful they ultimately lead to an operation, if they become large enough to impede the function of the parts, or painful enough to make it imperative to have them removed. The trouble, though, with operations of this kind is that the piles come back again, as the operation does not cure the cause,—constipation, but only deals with the symptoms and the result.

DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS remove the cause; and even should they recur, the remedy is easily at hand and will always be effective.

# CONSTIPATION.

Constipation is incipient death, for it puts a stop to the reconstructive process in the body. Without reconstruction the body dies in forty days. Every day that you will allow yourself to be constipated you traverse one-fortieth of death. People either do not know or do not care how close they approach death. There is, however, more in constipation than a mere approach to death,—seeds of long and painful diseases are sown by it. Heart trouble, dyspepsia, induration of the liver, cancer of the liver, hemorrhoids, kidney troubles, inflammation of the bowels, and every contagious disease on the calendar, if you come in contact with it.

DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS relieve and cure this trouble. Why then expose yourself, when the remedy is at hand?

Draw the inflammation to the surface, and away from the vitals

BY APPLYING

# *Doctor Herrick's*

# *Capsicum Plaster*

OVER THE SORE SPOT

4th Month. **APRIL.** 30 Days.

**WEATHER FORECAST—1909.**

**APRIL.**

April is cold and showery. Warmer days followed by cold waves initiated by thunder storms. Frosts above median line, inundations south of it. Storm periods: 7th to 9th, 14th to 17th, 23d to 27th. First cold, second warmer, third cool.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 5 3 44 e. | 5 2 44 e. |
| Last Quar. | 13 9 46 m. | 13 8 46 m. |
| New Moon | 20 0 7 m. | 19 11 7 e. |
| First Quar. | 27 3 52 m. | 27 2 52 m. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.& S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.& S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.& S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Th | Alaska purch. $7,000,000, '67 | 5 41 | 6 26 | 3 5 | 5 44 | 6 24 | 3 7 | 5 47 | 6 19 | 3 10 |
| 2 | Fri | U. S. Mint 1792 | 5 39 | 6 27 | 3 52 | 5 43 | 6 25 | 3 55 | 5 46 | 6 20 | 3 58 |
| 3 | Sa | Tornado, Miss., La., Ala. '07 | 5 38 | 6 28 | 4 21 | 5 41 | 6 26 | 4 25 | 5 45 | 6 20 | 4 29 |
| 4 | Su | **Palm Sunday** | 5 36 | 6 30 | 4 55 | 5 40 | 6 27 | 5 0 | 5 44 | 6 21 | 5 03 |
| 5 | M | $6,000,000 to Carnegie Instit. by Carnegie '07 | 5 34 | 6 31 | rises | 5 38 | 6 28 | rises | 5 43 | 6 21 | rises |
| 6 | Tu | First Mormon Church, 1830 | 5 33 | 6 32 | 7 35 | 5 36 | 6 29 | 7 38 | 5 41 | 6 22 | 7 40 |
| 7 | W | Tariff agree't U. S. & Ger. '07 | 5 31 | 6 33 | 8 45 | 5 35 | 6 30 | 8 47 | 5 40 | 6 23 | 8 49 |
| 8 | Th | Dec. Isle of Pines not Amer. '07 | 5 30 | 6 34 | 9 53 | 5 33 | 6 31 | 9 56 | 5 39 | 6 23 | 9 59 |
| 9 | Fri | Good Friday | 5 28 | 6 35 | 10 52 | 5 32 | 6 32 | 10 55 | 5 38 | 6 24 | 10 58 |
| 10 | Sa | 30,000 killed India earth'ke '05 | 5 26 | 6 36 | 11 48 | 5 30 | 6 33 | 11 50 | 5 37 | 6 24 | 11 53 |
| 11 | Su | **Easter Sunday** | 5 24 | 6 37 | morn | 5 28 | 6 34 | morn | 5 36 | 6 25 | morn |
| 12 | M | 2nd Eruption Mt. Pelee '05 | 5 23 | 6 39 | 12 40 | 5 27 | 6 35 | 12 44 | 5 35 | 6 26 | 12 48 |
| 13 | Tu | Veretschagen lost at sea '04 | 5 21 | 6 40 | 1 21 | 5 25 | 6 36 | 1 25 | 5 34 | 6 26 | 1 29 |
| 14 | W | Lincoln assassinated '65 | 5 19 | 6 41 | 2 12 | 5 25 | 6 37 | 2 15 | 5 33 | 6 27 | 2 19 |
| 15 | Th | 2c parcel postage, G't Brit. '07 | 5 18 | 6 42 | 2 52 | 5 22 | 6 38 | 2 57 | 5 32 | 6 27 | 3 02 |
| 16 | Fri | Mexican earthquake '07 | 5 16 | 6 43 | 3 23 | 5 21 | 6 39 | 3 25 | 5 31 | 6 28 | 3 29 |
| 17 | Sa | San Francisco earthquake '06 | 5 15 | 6 44 | 4 4 | 5 19 | 6 40 | 4 9 | 5 30 | 6 29 | 4 14 |
| 18 | Su | **Low Sunday** | 5 13 | 6 45 | 5 2 | 5 18 | 6 41 | 5 6 | 5 29 | 6 29 | 5 9 |
| 19 | M | Ilo Ilo destroyed by fire '07 | 5 11 | 6 46 | sets | 5 16 | 6 42 | sets | 5 28 | 6 30 | sets |
| 20 | Tu | Miss Jean's gift Negro Education $1,000,000 '07 | 5 10 | 6 48 | 7 42 | 5 15 | 6 43 | 7 47 | 5 27 | 6 31 | 7 49 |
| 21 | W | Joan of Arc beatified '94 | 5 8 | 6 49 | 8 53 | 5 14 | 6 44 | 8 58 | 5 26 | 6 31 | 9 3 |
| 22 | Th | Olympian games at Athens '06 | 5 7 | 6 50 | 9 50 | 5 12 | 6 45 | 9 52 | 5 25 | 6 32 | 9 58 |
| 23 | Fri | Peace Salvador-Nicaragua '07 | 5 5 | 6 51 | 10 25 | 5 11 | 6 46 | 10 30 | 5 24 | 6 32 | 10 42 |
| 24 | Sa | Paul Jones' body interred at Annapolis '06 | 5 4 | 6 52 | 11 21 | 5 9 | 6 47 | 11 27 | 5 23 | 6 33 | 11 35 |
| 25 | Su | **2nd Sunday after Easter** | 5 2 | 6 53 | morn | 5 8 | 6 48 | morn | 5 22 | 6 34 | morn |
| 26 | M | Jamestown Exposition '07 | 5 1 | 6 54 | 12 15 | 5 7 | 6 49 | 12 22 | 5 21 | 6 34 | 12 31 |
| 27 | Tu | Bicentennial Ben. Franklin '06 | 5 0 | 6 55 | 1 4 | 5 5 | 6 50 | 1 13 | 5 20 | 6 35 | 1 22 |
| 28 | W | Commune in Paris '71 | 4 58 | 6 56 | 1 50 | 5 4 | 6 51 | 1 56 | 5 19 | 6 36 | 2 02 |
| 29 | Th | Jap. labor excluded U.S. '07 | 4 57 | 6 58 | 2 35 | 5 2 | 6 52 | 2 40 | 5 18 | 6 36 | 2 48 |
| 30 | Fri | Louisiana Purchase Exposition, St. Louis '03 | 4 55 | 6 59 | 2 52 | 5 1 | 6 53 | 2 54 | 5 17 | 6 37 | 2 59 |

POULTRY THRIVES AND MAKES MONEY FOR YOU IF YOU GIVE IT **Harvell's Condition Powders**

Renne's Pain-Killing Magic Oil for Distress and Fatigue

# WOMAN'S ILLS.

Poor women—they have so much to suffer! Over one-half of those who reach the age of twenty-five drag themselves miserably through life, martyrs to their particular ailments; pain furrows their faces, takes from them the light and springy step and not rarely fetters them to an invalid's bed. All the sunshine is removed from their lives, and there seems to them to be no silver lining to the clouds.

Yet there is such a lining. Read this article and tell your suffering wife, daughter, mother about it, and if they will only follow our advice we know that we can reduce the sum of suffering, even if we do not presume to be able to cure all the ills that beset woman's life.

Continual backache, a bearing-down feeling, pain in the one or the other thigh, inability to walk, to climb stairs or even to stand on foot for a period of time, are usual signs of that dreadful evil called "falling of the womb." Let the patient take Renne's PAIN-KILLING MAGIC OIL. Over the back where the pain is apply one of DR. HERRICK'S PERFORATED BELLADONNA PLASTERS. Then let her kneel on the bed so that the hips will stand a little higher than the shoulders. While the position is not agreeable, anyone can bear it for about fifteen minutes three times a day. Fifteen days of this practice will so greatly improve the patient that she will feel like a new being.

Pains during the menstrua can be alleviated, if not eliminated, by using hot applications first, and then DR. HERRICK'S PERFORATED BELLADONNA PLASTERS over the region of the pain.

During the climacterian period, usually at about the age of 45, the rushes of blood to the head can be controlled by taking DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS. In fact, all the many headaches to which poor woman is subject, due to irregularities in the circulation, are easily relieved by taking one of these Pills.

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"Worth a cool million, isn't he?"
"Guess so; he made it in the ice business."

"Here is your beer, sir; the wurst (worst) is still to come."

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"Are you and Will coming to my party together?"
"Yes, if we don't come apart."

No matter in what dress you may see the story of Jonah and the whale, it will always be a swallow tale.

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# Dr. Herrick's Belladonna Plaster

**EASES THE PAIN. REDUCES THE INFLAMMATION.**
**REGULATES the CIRCULATION AT the SORE SPOT.**

5th Month. **MAY.** 31 Days.

**WEATHER FORECAST—1909**

**MAY.**

Cool the first quarter, warmer the second quarter, warm the third quarter and hot the last quarter. Storm periods: 4th to 8th, 12th to 15th, 22d to 27th. Snow not unlikely during the first, thunder during the second, cyclones during the third.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 5 7 23 m. | 5 6 23 m. |
| Last Quar. | 12 5 1 e. | 12 4 1 e. |
| New Moon | 19 8 58 m. | 19 7 58 m. |
| First Quar. | 26 8 43 e. | 26 7 43 e. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R. & S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R. & S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R. & S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Sa | Manilla victory '98 | 4 56 | 6 59 | 3 24 | 4 58 | 6 56 | 3 28 | 5 16 | 6 37 | 3 34 |
| 2 | Su | **3rd Sunday after Easter** | 4 54 | 7 0 | 3 50 | 4 56 | 6 57 | 3 54 | 5 16 | 6 38 | 4 4 |
| 3 | M | U. S.-San Domingo treaty '07 | 4 53 | 7 1 | 4 30 | 4 55 | 6 58 | 4 35 | 5 15 | 6 39 | 4 40 |
| 4 | Tu | Snow storms, New England and Ohio '07 | 4 52 | 7 2 | 4 53 | 4 54 | 6 59 | 5 1 | 5 14 | 6 39 | 5 12 |
| 5 | W | 1st Cuban Congress '02 | 4 50 | 7 3 | rises | 4 53 | 7 0 | rises | 5 13 | 6 40 | rises |
| 6 | Th | Street car strike San Fran. '07 | 4 49 | 7 4 | 7 40 | 4 52 | 7 1 | 7 45 | 5 12 | 6 41 | 7 50 |
| 7 | Fri | China pays Japan $550,000,000 '98 | 4 48 | 7 5 | 8 50 | 4 50 | 7 2 | 8 54 | 5 11 | 6 41 | 8 59 |
| 8 | Sa | Eruption Mt. Pelee, 40,000 killed '02 | 4 47 | 7 6 | 9 55 | 4 49 | 7 3 | 9 59 | 5 11 | 6 42 | 10 2 |
| 9 | Su | **4th Sunday after Easter** | 4 46 | 7 8 | 10 35 | 4 48 | 7 4 | 10 40 | 5 10 | 6 43 | 10 45 |
| 10 | M | 1st Russian Dhuma '06 | 4 44 | 7 9 | 11 22 | 4 47 | 7 5 | 11 27 | 5 9 | 6 43 | 11 32 |
| 11 | Tu | Male heir Spanish throne '07 | 4 43 | 7 10 | morn | 4 46 | 7 6 | morn | 5 9 | 6 44 | morn |
| 12 | W | Chicago new charter '07 | 4 42 | 7 11 | 12 5 | 4 45 | 7 7 | 12 11 | 5 8 | 6 45 | 12 17 |
| 13 | Th | 300th Anniversary Jamestown Settlers '07 | 4 41 | 7 12 | 12 51 | 4 45 | 7 8 | 12 56 | 5 7 | 6 45 | 12 59 |
| 14 | Fri | Minn. admitted as State '58 | 4 40 | 7 13 | 1 30 | 4 44 | 7 9 | 1 35 | 5 7 | 6 46 | 1 41 |
| 15 | Sa | Men and women teachers' salaries equal N.Y. '07 | 4 39 | 7 14 | 2 25 | 4 43 | 7 10 | 2 29 | 5 6 | 6 47 | 2 34 |
| 16 | Su | **5th Sunday after Easter** | 4 38 | 7 15 | 3 20 | 4 42 | 7 11 | 3 26 | 5 5 | 6 47 | 3 32 |
| 17 | M | Marquette died 1675 | 4 37 | 7 16 | 3 57 | 4 41 | 7 12 | 3 59 | 5 5 | 6 48 | 4 3 |
| 18 | Tu | Morocco yields to France '07 | 4 36 | 7 17 | 4 17 | 4 40 | 7 13 | 4 23 | 5 4 | 6 48 | 4 36 |
| 19 | W | Printing machine inv. 1814 | 4 35 | 7 18 | sets | 4 39 | 7 14 | sets | 5 4 | 6 49 | sets |
| 20 | Th | Ascension Day | 4 34 | 7 19 | 8 15 | 4 38 | 7 15 | 8 23 | 5 3 | 6 50 | 8 39 |
| 21 | Fri | Women in Finnish Diet '07 | 4 33 | 7 20 | 9 16 | 4 37 | 7 16 | 9 23 | 5 3 | 6 50 | 9 39 |
| 22 | Sa | Sewing machine inv. 1848 | 4 32 | 7 21 | 9 46 | 4 37 | 7 17 | 9 50 | 5 2 | 6 51 | 9 54 |
| 23 | Su | **Sunday after Ascension** | 4 32 | 7 22 | 10 16 | 4 36 | 7 17 | 10 20 | 5 2 | 6 51 | 10 26 |
| 24 | M | Snyder, O., destroyed by second tornado '07 | 4 31 | 7 23 | 11 05 | 4 35 | 7 18 | 11 10 | 5 1 | 6 52 | 11 15 |
| 25 | Tu | California ordered to fulfill treaty with Japan '07 | 4 30 | 7 24 | 11 51 | 4 35 | 7 19 | 11 54 | 5 1 | 6 53 | 11 57 |
| 26 | W | International Postal Congress Rome '07 | 4 29 | 7 25 | morn | 4 34 | 7 19 | morn | 5 1 | 6 53 | morn |
| 27 | Th | Togo destr. Russian fleet '05 | 4 28 | 7 26 | 12 25 | 4 34 | 7 20 | 12 28 | 5 0 | 6 54 | 12 32 |
| 28 | Fri | Liao Yang taken by Japs '04 | 4 28 | 7 26 | 1 2 | 4 33 | 7 21 | 1 7 | 5 0 | 6 54 | 1 13 |
| 29 | Sa | Funeral of Mrs McKinley '07 | 4 27 | 7 27 | 1 35 | 4 32 | 7 22 | 1 40 | 5 0 | 6 55 | 1 46 |
| 30 | Su | **Pentecost Sunday** | 4 27 | 7 28 | 2 05 | 4 31 | 7 23 | 2 09 | 4 59 | 6 55 | 2 12 |
| 31 | M | Dock strikes, France '07 | 4 26 | 7 29 | 2 41 | 4 31 | 7 24 | 2 45 | 4 59 | 6 56 | 2 49 |

*Blood Diseases Kill* **SWAIM'S PANACEA** *Cures the Blood*

**Harvell's Condition Powders 70 years before the public.**

# CONSTITUTIONAL TREATMENT.

Nature must cure her own ills,—science can only aid her at best. It may therefore be laid down as a safe guide, that when the system is untrammelled, it will overcome disease without specific aid. Sometimes, however, the system is trammelled, hindered in its good work. Then we must free it of its clogs.

There are diseases which no medicine will reach directly, and in which the practitioner must rely on nature only. Such diseases are Consumption, Pneumonia, Bronchitis, acute and chronic. To begin with, they rarely attack those who are in perfect health, and if they do attack them, a few days usually suffices to eradicate them.

Consumption is due to a defective constitution of the blood, due to faulty alimentation, or to defect in feeding and lack of aeration of the blood,—lack of oxygen. When the alimentary canal does its full duty and when the lungs are duly used as nature provides, there can be no consumption. The profession have arrived at the conclusion that medicine is useless in this disease and that constitutional treatment only will do any good. Get the patient into the fresh air, sleep there all night, be in it all day, give good nourishing food, see that the stomach properly digests, and that the assimilation is not defective.

For that purpose keep the bowels regular with DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS, and stimulate the digestion and assimilation with Renne's MAGIC OIL.

Pneumonia is an inflammation of the lung substance, one side or both. This disease also has been given up by the profession as incurable by medicine. Doctors usually say "that if the constitution is strong enough the patient will pull through." If you keep the body in perfect condition this disease will not attack you; and if it attacks take that great stimulant, Renne's MAGIC OIL immediately when you feel the oppression. Put on the chest one of DR. HERRICK'S CAPSICUM PLASTERS and give a good dose of DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS to help the system to get rid of the accumulated serum by way of the intestinal duct.

Bronchitis is an inflammation of the large air-tubes and is one of the diseases in which specific medicine is helpless. Constitutional treatment alone is of avail when the alimentary canal is in good order and the reconstructive power of the body is not impaired in any way, nature will soon rid herself of the disease. Keep the alimentary canal in order with DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS, stimulate the assimilation with Renne's MAGIC OIL, put over the sore spot DR. HERRICK'S CAPSICUM PLASTER as a counter-irritant and the patient will generally soon improve.

TAKE NO COAL TAR REMEDIES WHEN YOU HAVE A FEVER. THEY HURT THE HEART AND DO YOU NO GOOD. TAKE

# Dr. Herrick's Sugar-Coated Vegetable Pills

TRY BOTH WAYS, TO BE CONVINCED. YOU WILL COME TO OUR WAY OF THINKING!

6th Month. **JUNE.** 30 Days.

**WEATHER FORECAST—1909.**

**JUNE.**

Hot the first half, drouth the second half. Storm periods: 3d to 8th, 12th to 16th, 23d to 27th. The first consists of cyclonic storms; the second, cold waves introduced by thunder showers; last by blustery dry winds. Floods everywhere in the large valleys.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 3 8 40 e. | 3 7 40 e. |
| Last Quar. | 10 8 58 e. | 10 7 58 e. |
| New Moon | 17 6 44 e. | 17 5 44 e. |
| First Quar. | 25 1 58 e. | 25 0 58 e. |

| Day of Month | Day of Week | SALARIES OF SOVEREIGNS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Tu | Austria $3,875,000 | 4 26 | 7 30 | 3 12 | 4 32 | 7 23 | 3 16 | 4 59 | 6 56 | 3 19 |
| 2 | W | Bavaria $1,623,000 | 4 25 | 7 30 | 3 41 | 4 32 | 7 23 | 3 46 | 4 59 | 6 56 | 3 48 |
| 3 | Th | Belgium $660,000 | 4 25 | 7 31 | rises | 4 31 | 7 24 | rises | 4 59 | 6 57 | rises |
| 4 | Fri | Denmark $227,000 | 4 24 | 7 32 | 7 51 | 4 31 | 7 25 | 7 55 | 4 59 | 6 57 | 7 59 |
| 5 | Sa | Greece $260,000 | 4 24 | 7 32 | 9 6 | 4 31 | 7 26 | 9 14 | 4 59 | 6 58 | 9 21 |
| 6 | Su | **Trinity Sunday** | 4 24 | 7 33 | 10 15 | 4 31 | 7 26 | 10 25 | 4 58 | 6 58 | 10 32 |
| 7 | M | Great Britain $2,950,000 | 4 24 | 7 34 | 10 51 | 4 30 | 7 27 | 10 53 | 4 58 | 6 59 | 10 58 |
| 8 | Tu | Italy $2,858,000 | 4 23 | 7 34 | 11 25 | 4 30 | 7 27 | 11 29 | 4 58 | 6 59 | 11 34 |
| 9 | W | Holland $250,000 | 4 23 | 7 35 | 11 51 | 4 30 | 7 28 | 11 53 | 4 58 | 7 0 | 11 57 |
| 10 | Th | Portugal $567,000 | 4 23 | 7 36 | morn | 4 30 | 7 29 | morn | 4 58 | 7 0 | morn |
| 11 | Fri | Prussia $3,846,000 | 4 22 | 7 36 | 12 05 | 4 30 | 7 29 | 12 11 | 4 58 | 7 1 | 12 17 |
| 12 | Sa | Roumania $212,482 | 4 22 | 7 37 | 12 42 | 4 29 | 7 30 | 12 45 | 4 58 | 7 1 | 12 48 |
| 13 | Su | **1st Sunday after Trinity** | 4 22 | 7 37 | 1 5 | 4 29 | 7 30 | 1 11 | 4 58 | 7 1 | 1 17 |
| 14 | M | Russia $12,000,000 | 4 22 | 7 38 | 1 45 | 4 29 | 7 31 | 1 51 | 4 58 | 7 2 | 1 56 |
| 15 | Tu | Saxony $735,000 | 4 22 | 7 38 | 2 33 | 4 29 | 7 31 | 2 39 | 4 58 | 8 2 | 2 44 |
| 16 | W | Servia $204,000 | 4 22 | 7 38 | 3 18 | 4 29 | 7 31 | 3 22 | 4 58 | 7 2 | 3 28 |
| 17 | Th | Spain $1,765,000 | 4 22 | 7 39 | 3 55 | 4 29 | 7 32 | 3 59 | 4 58 | 7 3 | 4 02 |
| 18 | Fri | Turkey $7,500,000 | 4 22 | 7 39 | sets | 4 29 | 7 32 | sets | 4 59 | 7 3 | sets |
| 19 | Sa | Wuertemberg $400,000 | 4 23 | 7 39 | 7 50 | 4 29 | 7 32 | 7 54 | 4 59 | 7 3 | 8 1 |
| 20 | Su | **2nd Sunday after Trinity** | 4 23 | 7 40 | 8 51 | 4 29 | 7 32 | 8 59 | 4 59 | 7 3 | 9 6 |
| 21 | M | France $240,000 | 4 23 | 7 40 | 9 53 | 4 29 | 7 32 | 10 05 | 4 59 | 7 4 | 10 15 |
| 22 | Tu | United States $50,000 | 4 23 | 7 40 | 10 49 | 4 30 | 7 33 | 10 54 | 4 59 | 7 4 | 11 1 |
| 23 | W | Mexico $50,000 | 4 23 | 7 40 | 11 18 | 4 30 | 7 33 | 11 21 | 5 0 | 7 4 | 11 29 |
| 24 | Th | Canada $50,000 | 4 24 | 7 40 | morn | 4 30 | 7 33 | morn | 5 0 | 7 4 | morn |
| 25 | Fri | Japan $2,985,000 | 4 24 | 7 40 | 12 3 | 4 30 | 7 33 | 12 8 | 5 0 | 7 4 | 12 12 |
| 26 | Sa | China unlimited | 4 24 | 7 40 | 12 49 | 4 31 | 7 33 | 12 53 | 5 0 | 7 4 | 12 59 |
| 27 | Su | **3rd Sunday after Trinity** | 4 26 | 7 40 | 1 40 | 4 31 | 7 34 | 1 46 | 5 1 | 7 4 | 1 52 |
| 28 | M | Sweden $575,000 | 4 25 | 7 40 | 2 20 | 4 32 | 7 24 | 2 28 | 5 1 | 7 5 | 2 34 |
| 29 | Tu | Porto Rico $8,000 | 4 25 | 7 40 | 3 13 | 4 32 | 7 34 | 3 18 | 5 1 | 7 5 | 3 22 |
| 30 | W | Switzerland $2,700 | 4 26 | 7 40 | 3 51 | 4 33 | 7 34 | 3 55 | 5 1 | 7 5 | 3 58 |

**HEADACHE, BACKACHE,** or any other **PAIN IS QUICKLY RELIEVED BY** **Renne's Pain-Killing Magic Oil**

Get Swaim's Book on Skin Troubles—Costs 2c stamp.

# TYPHOID FEVER.

This fever, so much dreaded some years ago, is now hardly feared except by those who rely on direct medication. As a rule it may be stated that the practitioner is right who gives a large dose of cathartic at the beginning and then puts away all medicine, looks after the stomach, that gives no food at all for three days, then begins with eggs and brandy beaten to a foam as the only food for six more days, and finally allows light food, is about right and more successful than his brother who sees fit to give medicines in the course of the disease.

We would therefore advise those who show symptoms of this trouble to at once take a good dose of DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS, and simply observe the diet as noted above.

The time to administer the Pills is when the patient complains of continual backache, languor, weight in the limbs, frontal headaches, loss of appetite.

# CONTAGION.

There is little doubt about the fact that some diseases are contagious. We inhale, eat and otherwise introduce into the system, chiefly through the pores of the skin, millions of disease germs daily, yet we suffer no inconvenience from so doing, because the system is in good order. The present writer was in a smallpox hospital for six months, day and night, inhaled the air of the smallpox wards at least 16 hours every day, touched the patients and examined old and new cases every hour of the day, without being vaccinated, yet never caught the disease. He saw a student inoculated with diphtheria germs without resulting disease. That is the result of keeping the system in first-class order,—then no contagious disease will take hold. When the alimentary canal is free and in normal condition there never is danger of contagion. DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS keep that set of organs in the best possible condition.

RENNE'S

MAGIC

STRENGTH
ENERGY
VITALITY

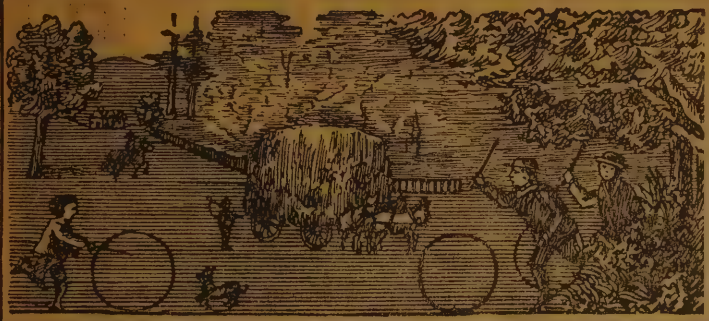
OIL

THE CLEANEST REMEDY

HERRICK'S
FAMILY
REMEDIES

The Doctor in Your Home!

7th Month. **JULY.** 31 Days.



**WEATHER FORECAST—1909.**

**JULY.**

Dry and hot all month with night thunder storms. Storm periods: 8th to 10th, 14th to 16th, 19th to 23d, 26th to 28th. The first heavy downpour, the second dry and sultry, the third hot days, sweltering nights; fourth relief from showers at night, days very hot. Sunstroke month.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 3 7 33 m. | 3 6 33 m. |
| Last Quar. | 10 2 14 m. | 10 1 14 m. |
| New Moon | 17 6 0 m. | 17 5 0 m. |
| First Quar. | 25 7 1 m. | 25 6 1 m. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises | Sun sets | Moon R.&S. | NEW YORK. Sun rises | Sun sets | Moon R.&S. | NEW ORLEANS. Sun rises | Sun sets | Moon R.&S. |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | h m | h m | h m | h m | h m | h m | h m | h m | h m |
| 1 | Th | Japanese poachers caught by U. S. '07 | 4 27 | 7 40 | rises | 4 33 | 7 35 | rises | 5 3 | 7 5 | rises |
| 2 | Fri | Jew persecution stopped, Russia '07 | 4 28 | 7 40 | 8 27 | 4 33 | 7 35 | 8 31 | 5 3 | 7 5 | 8 36 |
| 3 | Sa | Battle of Santiago '98 | 4 28 | 7 40 | 9 5 | 4 34 | 7 35 | 9 9 | 5 3 | 7 5 | 9 14 |
| 4 | Su | **4th Sun. after Trin.** Independ'ce Day | 4 29 | 7 40 | 9 38 | 4 34 | 7 34 | 9 42 | 5 4 | 7 5 | 9 47 |
| 5 | M | Pacific cable to Philippines '03 | 4 29 | 7 40 | 10 6 | 4 35 | 7 34 | 10 11 | 5 4 | 7 5 | 10 16 |
| 6 | Tu | Huss burnt at stake 1415 | 4 30 | 7 39 | 10 34 | 4 36 | 7 34 | 10 38 | 5 5 | 7 5 | 10 42 |
| 7 | W | Chinese protest exclu. law '07 | 4 31 | 7 39 | 10 54 | 4 36 | 7 33 | 10 58 | 5 5 | 7 4 | 11 2 |
| 8 | Th | Hawaii annexed '99 | 4 31 | 7 39 | 11 22 | 4 37 | 7 33 | 11 27 | 5 6 | 7 4 | 11 31 |
| 9 | Fri | Coney Island, 1,500,000 '06 | 4 32 | 7 38 | 11 50 | 4 37 | 7 33 | 11 57 | 5 7 | 7 4 | 12 01 |
| 10 | Sa | Earthqu'ke Constantinople '94 | 4 33 | 7 38 | morn | 4 38 | 7 32 | morn | 5 7 | 7 4 | morn |
| 11 | Su | **5th Sunday after Trinity** | 4 34 | 7 37 | 12 22 | 4 39 | 7 32 | 12 27 | 5 8 | 7 4 | 12 31 |
| 12 | M | Anti-consumption quarantine, Texas '07 | 4 34 | 7 37 | 12 58 | 4 40 | 7 31 | 1 4 | 5 8 | 7 3 | 1 9 |
| 13 | Tu | Lincoln's house bought by U. S. '07 | 4 35 | 7 36 | 1 40 | 4 40 | 7 31 | 1 44 | 5 9 | 7 3 | 1 50 |
| 14 | W | Perry monument, Japan '03 | 4 36 | 7 35 | 2 32 | 4 41 | 7 30 | 2 36 | 5 9 | 7 3 | 2 38 |
| 15 | Th | Chicago fire '73 | 4 37 | 7 35 | 3 30 | 4 42 | 7 30 | 3 34 | 5 10 | 7 2 | 3 38 |
| 16 | Fri | Explosion U. S. Battleship Georgia '07 | 4 38 | 7 34 | sets | 4 43 | 7 29 | sets | 5 10 | 7 2 | sets |
| 17 | Sa | 3,000 heat prostra. Phila. '07 | 4 39 | 7 33 | 8 15 | 4 44 | 7 28 | 8 18 | 5 11 | 7 1 | 8 21 |
| 18 | Su | **6th Sunday after Trinity** | 4 39 | 7 33 | 8 55 | 4 44 | 7 28 | 8 59 | 5 12 | 7 1 | 9 03 |
| 19 | M | Emperor Corea abdicates '07 | 4 40 | 7 32 | 9 30 | 4 45 | 7 27 | 9 34 | 5 13 | 7 1 | 9 39 |
| 20 | Tu | Army votes for canteen '07 | 4 41 | 7 31 | 10 05 | 4 46 | 7 26 | 10 09 | 5 13 | 7 0 | 10 12 |
| 21 | W | Chinese boycott Am. goods '05 | 4 42 | 7 30 | 10 35 | 4 47 | 7 25 | 10 38 | 5 13 | 7 0 | 10 42 |
| 22 | Th | Str. Columbia lost '07 | 4 43 | 7 29 | 11 1 | 4 48 | 7 25 | 11 06 | 5 14 | 6 59 | 11 11 |
| 23 | Fri | Explos. in Jap. colliery '07 | 4 44 | 7 29 | 11 30 | 4 49 | 7 24 | 11 33 | 5 14 | 6 59 | 11 38 |
| 24 | Sa | Soc.-Dem. strikes, Moscow '07 | 4 45 | 7 28 | 11 56 | 4 50 | 7 23 | 11 59 | 5 15 | 6 58 | 12 01 |
| 25 | Su | **7th Sunday after Trinity** | 4 46 | 7 27 | morn | 4 50 | 7 22 | morn | 5 16 | 6 57 | morn |
| 26 | M | Naples Earthquake 1805 | 4 47 | 7 26 | 12 20 | 4 51 | 7 21 | 12 25 | 5 16 | 6 57 | 12 31 |
| 27 | Tu | 1st Hebrew in Brit. Parlia. '58 | 4 48 | 7 25 | 1 02 | 4 52 | 7 20 | 1 07 | 5 16 | 6 56 | 1 14 |
| 28 | W | Bellephorone launched '07 | 4 49 | 7 24 | 1 47 | 4 53 | 7 19 | 1 51 | 5 17 | 6 56 | 1 56 |
| 29 | Th | Hayward acquitted '07. | 4 50 | 7 23 | 2 40 | 4 54 | 7 18 | 2 45 | 5 17 | 6 55 | 2 50 |
| 30 | Fri | Anti-alcoholic congress, Stockholm '07 | 4 51 | 7 21 | 3 35 | 4 55 | 7 17 | 3 39 | 5 18 | 6 54 | 3 41 |
| 31 | Sa | Japan in control of Corea '07 | 4 52 | 7 20 | rises | 4 56 | 7 16 | rises | 5 19 | 6 54 | rises |

IF YOU WANT TO MAKE MONEY OFF YOUR STOCK, GIVE IT **Harvell's Condition Powders**

**New Life by taking Dr. Herrick's Pills.**

Dr. Herrick's Capsicum Plasters on the nape of the neck for Throbbing Headaches.

# KIDNEY TROUBLE.

Kidney diseases carry many thousands to the grave that should have lived many years, useful members of the community. They are said to be incurable. The reason why they are so considered is because the victims notice the danger too late. Every person should examine those organs from time to time, as the engineer examines those parts of the machinery more frequently that are likely to give out at any time.

The looking-glass gives the first warning: baggy under the eyes, greyish tint, pasty looking skin. There may or may not be a pain, or simply sensitiveness under the small ribs in the back; tired feeling in the mornings. The best test though is to let the water stand twenty-four or thirty hours,—if there is a sediment, it is high time to attend to your kidneys.

There are three scavengers of the body, the bowels, the kidneys and the pores of the skin. Kidney disease is usually inflammatory. The acridity of the dejecta furthers that inflammation. Common sense then tells us to give the kidneys an absolute rest for several days, so as to allow nature to heal that inflammation. We give the kidneys that rest by making the bowels and the pores do a little more work each and thus relieve the affected organs. All physicians know that that is the secret of success in kidney treatment. The popular saying that the kidneys are "torpid" and need to be stimulated is nonsense, and so is every treatment that looks to giving drugs that will increase the flow of water,—make the kidneys work the harder.

To throw the burden on the bowels take DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS alternate days for a week; and every evening take a warm bath with blankets over the bathtub. Wrap these blankets around you without drying the body, go to bed and get into a good perspiration. Thus the pores will perform part of the functions of the kidneys. To still further reduce the inflammation apply over the kidneys one of DR. HERRICK'S CAPSICUM PLASTERS,—it will act as a counter-irritant and force the inflammation to the surface, and away from the inflamed organ.

Another advice ought to be followed,—it has saved lives: Wear two folds of red flannel over the region of the kidneys, take no alcohol of any kind (and therefore no liquid kidney "remedies" all of which contain alcohol), no wine or beer or whiskey. In less than a week, if you will again examine your kidneys, you will find that the symptoms have all disappeared. After that you will have to watch yourself closely for some time, and repeat this simple treatment whenever there is a recurrence of the symptoms.

Uremia (urine in the blood), from which so many die suddenly, must be treated in the same manner, and though this disease is usually too far advanced to promise an absolute cure, years may be added to life by this treatment if consistently carried out.

---

**WE CLAIM FOR**

## Dr. Herrick's Sugar-Coated Vegetable Pills

### That they are good in the following cases:

CONSTIPATION,
INCIPIENT KIDNEY DISEASE,
TONSILLITIS, SORE THROAT,
COLDS, COUGHS, NEURALGIA,
TYPHOID FEVER (as a first dose),
PILES, HEMORRHOIDS,
SICK HEADACHE,
CONGESTIVE HEADACHES,
RHEUMATISM, GOUT,
DIABETES, ALBUMINURIA,
CONTAGIOUS DISEASES,
ALL INFLAMMATORY CONDITIONS
(except in the alimentary canal itself).

Not a CURE-ALL
but a PERFECT CURE
for AILMENTS OF THE
ALIMENTARY CANAL.

As a CONSTITUTIONAL REMEDY, in all cases where a specific treatment is of no avail, and where a well-ordered constitution is the only hope.

Treat Kidney Weakness with Dr. Herrick's Pills.

8th Month. **AUGUST.** 31 Days.

**WEATHER FORECAST—1909.**

**AUGUST.**

August dry and hot. Heavy downpour in the middle of the month. Storm periods: 2d to 8th, 14th to 19th, 22d to 27th. The first is hot and sweltering, the second stormy with exceptional rains and fierce winds, the last dry and cooler; 28th to 30th hottest days.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Full Moon | 1 4 30 e. | 1 3 30 e. |
| Last Quar. | 8 7 25 m. | 8 6 25 m. |
| New Moon | 15 7 10 e. | 15 6 10 e. |
| First Quar. | 23 11 11 e. | 23 10 11 e. |
| Full Moon | 31 1 23 m. | 31 0 23 m. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | **Su** | **8th Sunday after Trinity** | 4 52 | 7 20 | 7 38 | 4 57 | 7 15 | 7 42 | 5 18 | 6 53 | 7 49 |
| 2 | M | Morocco expedition '07 | 4 53 | 7 19 | 8 17 | 4 58 | 7 14 | 8 21 | 5 19 | 6 53 | 8 26 |
| 3 | Tu | Standard Oil Co. fined $29,000,000 '07 | 4 54 | 7 18 | 8 54 | 4 59 | 7 13 | 8 59 | 5 20 | 6 52 | 9 4 |
| 4 | W | U. S. acknow. independence of Panama '04 | 4 55 | 7 16 | 9 36 | 5 0 | 7 12 | 9 41 | 5 20 | 6 51 | 9 48 |
| 5 | Th | School furniture trust dissolved by court '07 | 4 56 | 7 15 | 10 20 | 5 1 | 7 11 | 10 26 | 5 21 | 6 50 | 10 41 |
| 6 | Fri | 42nd St. tunnel N. Y. '07 | 4 57 | 7 14 | 10 55 | 5 1 | 7 10 | 10 59 | 5 21 | 6 50 | 11 04 |
| 7 | Sa | War on Standard Oil Co. '06 | 4 58 | 7 13 | 11 35 | 5 2 | 7 9 | 11 38 | 5 22 | 6 49 | 11 41 |
| 8 | **Su** | **9th Sunday after Trinity** | 4 59 | 7 11 | morn | 5 3 | 7 8 | morn | 5 22 | 6 48 | morn |
| 9 | M | Dynamite explosion Southern Calif. R. R. '07 | 5 0 | 7 10 | 12 18 | 5 4 | 7 7 | 12 22 | 5 23 | 6 47 | 12 29 |
| 10 | Tu | Alliance between Great Britain and Japan '03 | 5 1 | 7 9 | 1 30 | 5 5 | 7 6 | 1 34 | 5 24 | 6 46 | 1 38 |
| 11 | W | Norway & Sweden separate '05 | 5 2 | 7 7 | 2 35 | 5 6 | 7 4 | 2 38 | 5 24 | 6 45 | 2 41 |
| 12 | Th | Manilla surr. to U. S. '98 | 5 3 | 7 6 | 3 20 | 5 7 | 7 3 | 3 24 | 5 25 | 6 44 | 3 27 |
| 13 | Fri | Negro troops riot at Brownsville '06 | 5 4 | 7 4 | 4 10 | 5 8 | 7 2 | 4 14 | 5 25 | 6 43 | 4 19 |
| 14 | Sa | Edward and Francis Joseph at Ischl '07 | 5 5 | 7 3 | 4 31 | 5 9 | 7 1 | 4 35 | 5 26 | 6 42 | 4 37 |
| 15 | **Su** | **10th Sunday after Trinity** | 5 6 | 7 2 | sets | 5 10 | 6 59 | sets | 5 26 | 6 41 | sets |
| 16 | M | Engl. passes pure food act '07 | 5 7 | 7 0 | 7 30 | 5 11 | 6 58 | 7 32 | 5 27 | 6 40 | 7 34 |
| 17 | Tu | Thousands deported to Siberia '07 | 5 8 | 6 59 | 8 6 | 5 12 | 6 56 | 8 10 | 5 27 | 6 39 | 8 14 |
| 18 | W | Norway & Sweden united 1650 | 5 10 | 6 57 | 8 40 | 5 13 | 6 55 | 8 44 | 5 28 | 6 38 | 8 48 |
| 19 | Th | Insurrection Cuba '06 | 5 11 | 6 56 | 9 12 | 5 14 | 6 53 | 9 16 | 5 29 | 6 37 | 9 22 |
| 20 | Fri | England takes Suez canal '82 | 5 12 | 6 54 | 9 50 | 5 15 | 6 52 | 9 54 | 5 29 | 6 36 | 9 58 |
| 21 | Sa | Earthquake West Indies '07 | 5 13 | 6 53 | 10 24 | 5 16 | 6 50 | 10 28 | 5 30 | 6 35 | 10 34 |
| 22 | **Su** | **11th Sunday after Trinity** | 5 14 | 6 51 | 11 24 | 5 17 | 6 49 | 11 28 | 5 30 | 6 34 | 11 35 |
| 23 | M | Pan-Amer. Cong. Brazil '07 | 5 15 | 6 50 | morn | 5 18 | 6 47 | morn | 5 31 | 6 33 | morn |
| 24 | Tu | Printing invented 1440 | 5 16 | 6 48 | 12 42 | 5 19 | 6 46 | 12 46 | 5 32 | 6 32 | 12 49 |
| 25 | W | 1st oil well U. S. 1859 | 5 17 | 6 46 | 1 35 | 5 20 | 6 44 | 1 39 | 5 32 | 6 31 | 1 42 |
| 26 | Th | Hackadote, Japan, destroyed; 3,000 killed '07 | 5 18 | 6 45 | 2 34 | 5 21 | 6 43 | 2 38 | 5 33 | 6 30 | 2 43 |
| 27 | Fri | Bank of Engl. incorp. 1694 | 5 19 | 6 43 | 3 31 | 5 22 | 6 41 | 3 35 | 5 34 | 6 29 | 3 40 |
| 28 | Sa | England's 1st street ry. 1860 | 5 20 | 6 41 | 4 30 | 5 23 | 6 40 | 4 33 | 5 34 | 6 28 | 4 36 |
| 29 | **Su** | **12th Sunday after Trinity** | 5 21 | 6 40 | rises | 5 24 | 6 38 | rises | 5 35 | 6 26 | rises |
| 30 | M | Insurrection Honolulu '07 | 5 22 | 6 38 | 7 30 | 5 25 | 6 37 | 7 34 | 5 35 | 6 25 | 7 39 |
| 31 | Tu | Anglo-Russian treaty '07 | 5 23 | 6 37 | 8 15 | 5 25 | 6 35 | 8 19 | 5 36 | 6 24 | 8 23 |

**Dr. Herrick's Belladonna Plasters** A BOON TO LADIES who suffer from Backache

For Pain use Renne's Magic Oil.

## CONTAGIOUS CONSTITUTIONAL BLOOD POISON.

Whoever is afflicted with this dreadful disease hopes against hope that life may still have some charms for him. But as the months roll on this hope dwindles, and the unfortunate is a horrified and helpless witness to the ravages of the worst enemy that flesh is heir to.

The doctor will prescribe mercury and then again mercury; and when he has exhausted his quiver he will once more give mercury, for that is his only arm.

Sores will break out on the body here and there,—anywhere, refuse to heal, no matter what is applied, until the patient is a second Job with rags and salves on every part of the body.

There will be brain affections,—perhaps at first only light headaches, gradually becoming worse, and some fine day he will feel this limb or that without sensation. The face may also be affected and the tongue. Again there may be shooting pains in this bone or that, a numbness around the spot, a nauseating feeling at times as the periosteum becomes involved. Then the bone will turn black or chalky, and as likely as not there will be an amputation.

Mercury does not cure this disease,—it forces it into the circulation and away from the surface,—just a little nearer the vitals.

Eighty-eight years ago Swaim's PANACEA was first introduced as an absolute cure for this disease, and it is claimed for it that it contained no mercurial of any kind. It was tested by chemists, tried by physicians, used in hospitals, and its claims have been verified in every instance.

It has earned the reputation of curing even the oldest cases and the testimonials of physicians and patients bear out its claims.

Its cures are permanent, and excesses such as determination to the brain or to the bones cannot take place where it is used.

Have you tried "everything"? As a last resort, try Swaim's PANACEA.

**SEND 2 CENT STAMP FOR 64 PAGE BOOKLET.**


"In unpacking my husband's last summer coat I found a blonde hair on it."

"Well, well."

"I am trying to remember whether I was a blonde last summer."

---

Ikey: Father, with what does people feather their nests?

Swindlebaum: With cash down, with cash down, you know.

---

"Does he care for appearances?"

"I think not,—he lets his wife cut his hair."

Everything new comes with April,—new grass, new buds, new races, new everything—and including neuralgia and pneumonia.

---

In a clergyman's cellar.

Plumber: Seems to me there are quite a number of dead whiskey bottles here.

Clergyman: Yes, indeed. But they all had the clergyman with them when they died.

---

"No girl ever threw herself at me."

"I am sure she would have been foolish,—not everybody is a good catch. There are muffs."


## NO WASTE IN THE PACKAGE

Every ingredient in Harvell's Condition Powders has been chosen to contribute its share toward keeping your Stock, Horses, Sheep, Hogs, Poultry, Cattle in good condition for their work, —in good condition to add to your profits.

## Harvell's Condition Powders

HAVE NEVER FAILED. THEY WON'T FAIL YOU.

9th Month. **SEPTEMBER.** 30 Days.

**WEATHER FORECAST—1909.**

**SEPTEMBER.**

Hot the first half, cold the second half. Storm periods: 4th to 7th, 12th to 16th, 20th to 25th. The first hot with thunder; the second hot with severe winds, coast storms; the third cold waves with snow above median line. Severe frosts will be registered end of month.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Last Quar. | 6 3 0 e. | 6 2 0 e. |
| New Moon | 14 10 24 m. | 14 9 24 m. |
| First Quar. | 22 1 47 e. | 22 0 47 e. |
| Full Moon | 29 8 21 m. | 29 7 21 m. |

| Day of Month | Day of Week | FAMOUS BRIDGES. | BOSTON Sun rises h m | BOSTON Sun sets h m | BOSTON Moon R.& S. h m | NEW YORK. Sun rises h m | NEW YORK. Sun sets h m | NEW YORK. Moon R.& S. h m | NEW ORLEANS. Sun rises h m | NEW ORLEANS. Sun sets h m | NEW ORLEANS. Moon R.& S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | W | Victoria, Montreal, 9437 ft. | 5 25 | 6 35 | 8 47 | 5 27 | 6 33 | 8 53 | 5 37 | 6 23 | 8 59 |
| 2 | Th | Parkersburg 7045 ft. | 5 27 | 6 33 | 9 13 | 5 28 | 6 31 | 9 17 | 5 37 | 6 22 | 9 23 |
| 3 | Fri | Poughkeepsie 6767 ft. | 5 28 | 6 32 | 9 49 | 5 29 | 6 30 | 9 52 | 5 38 | 6 20 | 9 58 |
| 4 | Sa | Brooklyn 5989 ft. | 5 29 | 6 30 | 10 30 | 5 30 | 6 28 | 10 36 | 5 38 | 6 19 | 10 40 |
| 5 | **Su** | **13th Sunday after Trinity** | 5 30 | 6 28 | 11 20 | 5 31 | 6 26 | 11 24 | 5 39 | 6 18 | 11 31 |
| 6 | M | Louisville 5310 ft | 5 31 | 6 26 | morn | 5 32 | 6 24 | morn | 5 39 | 6 17 | morn |
| 7 | Tu | Forth, Scotland, 10,482 ft. | 5 32 | 6 25 | 12 6 | 5 33 | 6 23 | 12 11 | 5 40 | 6 15 | 12 14 |
| 8 | W | Minneapolis 5380 ft. | 5 33 | 6 23 | 1 10 | 5 34 | 6 21 | 1 14 | 5 40 | 6 14 | 1 19 |
| 9 | Th | Strassburg 3390 ft. | 5 34 | 6 22 | 1 50 | 5 35 | 6 19 | 1 54 | 5 41 | 6 13 | 1 58 |
| 10 | Fri | Mayence 3800 ft. | 5 35 | 6 19 | 2 40 | 5 36 | 6 17 | 2 43 | 5 41 | 6 12 | 2 49 |
| 11 | Sa | Bombay 3730 ft. | 5 36 | 6 17 | 3 26 | 5 37 | 6 16 | 3 30 | 5 42 | 6 10 | 3 34 |
| 12 | **Su** | **14th Sunday after Trinity** | 5 37 | 6 15 | 4 19 | 5 38 | 6 14 | 4 23 | 5 42 | 6 9 | 4 28 |
| 13 | M | Omaha 2800 ft. | 5 38 | 6 14 | 4 55 | 5 39 | 6 13 | 4 59 | 5 43 | 6 8 | 5 04 |
| 14 | Tu | Dierschau 2750 ft. | 5 39 | 6 12 | sets | 5 40 | 6 11 | sets | 5 43 | 6 7 | sets |
| 15 | W | Danube 2520 ft. | 5 40 | 6 10 | 7 40 | 5 41 | 6 9 | 7 45 | 5 44 | 6 6 | 7 50 |
| 16 | Th | Po 2485 ft. | 5 41 | 6 8 | 8 34 | 5 42 | 6 7 | 8 38 | 5 44 | 6 5 | 8 42 |
| 17 | Fri | Niagara 2220 ft. | 5 42 | 6 6 | 9 25 | 5 43 | 6 5 | 9 30 | 5 45 | 6 3 | 9 36 |
| 18 | Sa | Quincy 3200 ft. | 5 43 | 6 5 | 10 33 | 5 44 | 6 4 | 10 35 | 5 46 | 6 2 | 10 38 |
| 19 | **Su** | **15th Sunday after Trinity** | 5 44 | 6 3 | 11 42 | 5 44 | 6 2 | 11 46 | 5 46 | 6 1 | 11 49 |
| 20 | M | Royal Border, Engl., 2160 ft. | 5 45 | 6 1 | morn | 5 45 | 6 1 | morn | 5 47 | 6 0 | morn |
| 21 | Tu | Navresino 2115 ft. | 5 46 | 6 0 | 12 35 | 5 46 | 6 0 | 12 38 | 5 47 | 5 58 | 12 41 |
| 22 | W | Boyne 1760 ft. | 5 47 | 5 58 | 1 26 | 5 47 | 5 58 | 1 29 | 5 48 | 5 57 | 1 32 |
| 23 | Th | Dubuque 1758 ft. | 5 48 | 5 56 | 2 14 | 5 48 | 5 56 | 2 18 | 5 49 | 5 56 | 2 23 |
| 24 | Fri | St. Louis 5240 ft. | 5 50 | 5 54 | 2 54 | 5 49 | 5 54 | 2 57 | 5 49 | 5 55 | 3 01 |
| 25 | Sa | Britannia 1428 ft. | 5 51 | 5 52 | 3 40 | 5 50 | 5 53 | 3 45 | 5 50 | 5 53 | 3 51 |
| 26 | **Su** | **16th Sunday after Trinity** | 5 52 | 5 50 | 4 27 | 5 51 | 5 51 | 4 31 | 5 50 | 5 52 | 4 36 |
| 27 | M | Toulouse 1422 ft. | 5 53 | 5 49 | 5 24 | 5 52 | 5 49 | 5 27 | 5 51 | 5 51 | 5 32 |
| 28 | Tu | Clifton 1268 ft. | 5 54 | 5 47 | rises | 5 53 | 5 48 | rises | 5 51 | 5 50 | rises |
| 29 | W | Cincinnati 1067 ft. | 5 55 | 5 46 | 6 43 | 5 54 | 5 46 | 6 46 | 5 52 | 5 48 | 6 51 |
| 30 | Th | Orleans, France, 1110 ft. | 5 56 | 5 44 | 7 15 | 5 55 | 5 45 | 7 19 | 5 52 | 5 47 | 7 23 |

*Dr. Herrick's Red Pepper Plasters* **FOR A WEAK BACK**

**Keep our Remedies on your shelves.**

## YOUR HOME DOCTOR—YOUR HOME DRUG STORE.

DR. HERRICK'S FAMILY REMEDIES are a safeguard against disease. No family can afford to be without a reliable set of medicines against approaching disease, even if they intend calling a physician in the end. Disease creeps often so slowly and so imperceptibly that if its beginnings are not quickly checked, the outcome may be one of those monster calamities before which the physician stands aghast and helpless.

Your own self and the dear ones around you have a right to be safeguarded. What a comfort in a storm to be in reliable shelter,—what a comfort in disease to have at hand these sterling reliable remedies.

Our preparations cost little, less perhaps than a doctor's fee for one call; and yet what an amount of comfort you may derive from having them right near at hand for quick and effective use.

The following are the remedies which we make:

RENNE'S PAIN-KILLING OIL—Good for any pain, no matter where it occurs.

DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS—Derangement of the digestive organs, torpid liver, inflammations.

SWAIM'S PANACEA—Cleanses the blood, cures blood diseases.

DR. HERRICK'S PERFORATED STRENGTHENING PLASTERS—For colds and coughs.

DR. HERRICK'S CAPSICUM PLASTERS—The best counter-irritant.

DR. HERRICK'S PERFORATED BELLADONNA PLASTERS—For all pain.

LONDON HAIR RESTORER—An elegant hair tonic.

HARVELL'S CONDITION POWDERS—A horse, cattle and poultry remedy.

**Prepared only by DR. HERRICK'S FAMILY MEDICINE CO., ST. LOUIS, MO.**


Customer: Is there as much genuine Vermont maple sugar on the market this year as last?

Dealer: Just as much; but under the new food law we have to put a different label on it.

---

"She is the most ignorant servant we ever had."

"And just to think,—we got her in the intelligence office."

Pat bragged to his son that he could drink up all the whiskey in New York. A wager was made. Pat started at the Bowery, paid his nickel for several drinks and finally, as he came up the city, the price advanced to 10, 15 and 25 cents. When he reached home in a carriage from 23rd street, his son twitted him for not having done as he had promised.

"Well, you know, when they saw that I was getting them, they raised the price on me."


*The Stout and the Thin*

SHOULD TAKE

**Dr. Herrick's Sugar-Coated Vegetable Pills**

THEY REMOVE

*Unhealthy Fat and Create Good Muscle*

10th Month. **OCTOBER** 31 Days.

**WEATHER FORECAST—1909.**

**OCTOBER.**

Cool and pleasant throughout, sleet and snow at end. Storm periods: 3d to 7th, 21st to 25th. The first slight change from cold wave, the second beginning of winter above median line. Severe frosts. North snowbound, south beautiful. No serious disturbances.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Last Quar. | 6 2 0 m. | 6 1 0 m. |
| New Moon | 14 3 29 m. | 14 2 29 m. |
| First Quar. | 22 2 19 m. | 22 1 19 m. |
| Full Moon | 28 5 23 e. | 28 4 23 e. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.& S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.& S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.& S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Fri | 2c postage 1883 | 5 56 | 5 43 | 7 48 | 5 56 | 5 43 | 7 52 | 5 53 | 5 46 | 7 57 |
| 2 | Sa | Scotland united to Engl. 1654 | 5 58 | 5 41 | 8 27 | 5 57 | 5 41 | 8 31 | 5 53 | 5 45 | 8 38 |
| 3 | **Su** | **17th Sunday after Trinity** | 5 59 | 5 39 | 9 13 | 5 58 | 5 40 | 9 15 | 5 54 | 5 43 | 9 21 |
| 4 | M | Belgium independent 1834 | 6 0 | 5 37 | 10 05 | 6 0 | 5 38 | 10 10 | 5 55 | 5 42 | 10 16 |
| 5 | Tu | Constitutional government, China '07 | 6 1 | 5 36 | 11 04 | 6 1 | 5 37 | 11 08 | 5 55 | 5 41 | 11 13 |
| 6 | W | Roller printed cotton goods 1810 | 6 2 | 5 34 | morn | 6 2 | 5 35 | morn | 5 56 | 5 40 | morn |
| 7 | Th | China regains Manchuria '07 | 6 3 | 5 32 | 12 10 | 6 3 | 5 33 | 12 15 | 5 57 | 5 39 | 12 21 |
| 8 | Fri | Naval Academy 1845 | 6 4 | 5 31 | 1 20 | 6 4 | 5 32 | 1 25 | 5 57 | 5 38 | 1 31 |
| 9 | Sa | Overland mail 1858 | 6 5 | 5 29 | 2 32 | 6 5 | 5 30 | 2 36 | 5 58 | 5 36 | 2 41 |
| 10 | **Su** | **18th Sunday after Trinity** | 6 7 | 5 27 | 3 38 | 6 6 | 5 28 | 3 43 | 5 58 | 5 35 | 3 49 |
| 11 | M | Lusitania to N.Y. 4d. 19h. '07 | 6 8 | 5 25 | 4 37 | 6 7 | 5 27 | 4 41 | 5 59 | 5 34 | 4 46 |
| 12 | Tu | Persian parliament '07 | 6 9 | 5 24 | 5 19 | 6 8 | 5 25 | 5 22 | 6 0 | 5 33 | 5 27 |
| 13 | W | British Columbia absorbed by Canada '72 | 6 10 | 5 22 | sets | 6 9 | 5 24 | sets | 6 0 | 5 32 | sets |
| 14 | Th | Japs excluded public schools, San Francisco '06 | 6 11 | 5 21 | 6 30 | 6 10 | 5 22 | 6 36 | 6 1 | 5 31 | 6 40 |
| 15 | Fri | Philippine Assembly '07 | 6 13 | 5 19 | 7 35 | 6 11 | 5 21 | 7 38 | 6 2 | 5 30 | 7 42 |
| 16 | Sa | Wireless dispatch across Atlantic '07 | 6 14 | 5 17 | 8 40 | 6 12 | 5 19 | 8 44 | 6 2 | 5 29 | 8 48 |
| 17 | **Su** | **19th Sunday after Trinity** | 6 15 | 5 16 | 9 34 | 6 13 | 5 17 | 9 38 | 6 3 | 5 28 | 9 43 |
| 18 | M | Hague Peace Conference '07 | 6 16 | 5 14 | 10 30 | 6 14 | 5 16 | 10 34 | 6 4 | 5 27 | 10 39 |
| 19 | Tu | Balloon races St. Louis '07 | 6 17 | 5 13 | 11 31 | 6 16 | 5 14 | 11 36 | 6 4 | 5 26 | 11 40 |
| 20 | W | Financial stringency '07 | 6 18 | 5 11 | morn | 6 17 | 5 13 | morn | 6 5 | 5 25 | morn |
| 21 | Th | 14,000 killed, Russian landslide '07 | 6 19 | 5 10 | 12 26 | 6 18 | 5 12 | 12 29 | 6 6 | 5 24 | 12 33 |
| 22 | Fri | Pommern wins Bennett Cup, St. Louis '07 | 6 21 | 5 8 | 1 24 | 6 19 | 5 11 | 1 28 | 6 6 | 5 23 | 1 32 |
| 23 | Sa | First parliament, Great Britain 1707 | 6 22 | 5 7 | 2 22 | 6 20 | 5 9 | 2 26 | 6 7 | 5 22 | 2 30 |
| 24 | **Su** | **20th Sunday after Trinity** | 6 23 | 5 8 | 3 20 | 6 21 | 5 8 | 3 25 | 6 8 | 5 21 | 3 30 |
| 25 | M | First telegram St. L. S. Franc. 1861 | 6 24 | 5 4 | 4 31 | 6 22 | 5 6 | 4 36 | 6 9 | 5 20 | 4 42 |
| 26 | Tu | Political riots Paris '88 | 6 25 | 5 2 | 5 40 | 6 23 | 5 5 | 5 45 | 6 9 | 5 19 | 5 51 |
| 27 | W | Free press in Russia '05 | 6 26 | 5 1 | rises | 6 24 | 5 3 | rises | 6 10 | 5 18 | rises |
| 28 | Th | 266 Japanese fishing boats wrecked '06 | 6 28 | 5 0 | 5 50 | 6 25 | 5 2 | 5 54 | 6 11 | 5 17 | 5 59 |
| 29 | Fri | Airship Arrow flew 10 miles '04 | 6 29 | 4 58 | 6 30 | 6 26 | 5 0 | 6 34 | 6 12 | 5 16 | 6 39 |
| 30 | Sa | Antitoxine '94 | 6 30 | 4 57 | 7 10 | 6 27 | 4 59 | 7 16 | 6 12 | 5 15 | 7 22 |
| 31 | **Su** | **21st Sunday after Trinity** | 6 32 | 4 56 | 8 4 | 6 28 | 4 58 | 8 8 | 6 13 | 5 14 | 8 13 |

**Cholera Morbus, Pain in the Stomach, Vomiting, should be treated with** ***RENNE'S MAGIC OIL***

**Borozone good for Cuts and Bruises.**

# NO CURE-ALLS.

Our remedies are no cure-alls, they are good for certain complaints as anyone can reason out for himself after having read this little book. In the following list we shall attempt to show the chief ailments for which our remedies are logically indicated.

## *Dr. Herrick's Sugar-Coated Vegetable Pills*

FOR COSTIVENESS.
FOR TORPID LIVER.
FOR INDIGESTION.
FOR RUSH OF BLOOD TO THE HEAD.
FOR THROBBING HEADACHE.
FOR KIDNEY TROUBLES.
FOR GALL-STONES.
FOR PTOMAIN POISONING.
AS A PROPHYLACTIC AGAINST CONTAGIOUS DISEASES.
FOR A COLD, INCIPIENT PNEUMONIA OR INCIPIENT CONSUMPTION.
AS A COUNTER-IRRITANT IN CONGESTIONS (except congestions in the alimentary canal).

## *Dr. Herrick's Capsicum or Red Pepper Plasters*

IN ALL CASES WHERE A COUNTER-IRRITANT IS WANTED.
APOPLEXY.
CONGESTIVE HEADACHES.
DIZZINESS FROM RUSH OF BLOOD TO THE HEAD.
PAIN OVER THE REGION OF THE KIDNEYS.
APPENDICITIS (pain in the right side of the lower abdomen).
VOMITING, NAUSEA, PAIN IN THE STOMACH.
PAIN IN THE CHEST WITH COUGH.
TONSILLITIS, SORE THROAT.

## *Renne's Pain-Killing Magic Oil*

FOR PAIN.
FOR LASSITUDE.
FOR UNCOMFORTABLE FEELING.
FOR NERVOUS HEADACHES.
FOR BRAIN-FAG.
FAINTING SPELLS.
SEA SICKNESS.
ANEMIC HEADACHES.
FOR OVER-EXERTION OF ANY KIND.

## *Swaim's Panacea*

BLOOD DISEASES.
ERUPTIONS OF THE SKIN.
BOILS, CARBUNCLES.
ECZEMA, HIVES (urticaria).
SYPHILIS.
TUBERCULOSIS.
PSORIASIS.
SCROFULA.

## *Harvell's Condition Powders*

FOR HORSES.
FOR CATTLE.
FOR POULTRY.

All our remedies are made under our personal supervision, and are therefore clean and properly prepared—one bottle or pill exactly like the other.

Read the description of the diseases for which the remedies are recommended and have your friends read them. You cannot show your friend greater friendship than by helping him to overcome a disease that wears him out, when it is perhaps so easy to bring him back to perfect enjoyment of health by having him give DR. HERRICK'S REMEDIES a fair trial.

Always keep these remedies in your house within easy reach for emergencies, and study this booklet, so that in case of need you may be prepared to use our remedies to best advantage.

First class remedies need no praise nor advertising—they do their work—that recommends them to the public.

Give our remedies a chance to work and they will speak for themselves.

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IF YOU WANT TO MAKE MONEY OFF YOUR STOCK, GIVE IT **Harvell's Condition Powders**

11th Month. **NOVEMBER.** 30 Days.

**WEATHER FORECAST—1909.**

**NOVEMBER.**

Pleasant, though somewhat cool. More sunshine than clouds. Snow at end. Storm periods: 4th to 8th, 14th to 20th, 22d to 27th. Scattering thunder showers; two days' showers and colder; third, snow flurries, sleet south with lightning.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Last Quar. | 4 4 53 e. | 4 3 53 e. |
| New Moon | 12 9 34 e. | 12 8 34 e. |
| First Quar. | 20 0 45 e. | 19 11 45 m. |
| Full Moon | 27 4 7 m. | 27 3 7 m. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | M | All Saints' Day | 6 32 | 4 54 | 9 00 | 6 30 | 4 57 | 9 04 | 6 14 | 5 13 | 9 08 |
| 2 | Tu | All Souls' Day | 6 34 | 4 53 | 10 15 | 6 31 | 4 56 | 10 18 | 6 15 | 5 12 | 10 22 |
| 3 | W | Republic of Panama decl. '93 | 6 35 | 4 51 | 11 18 | 6 32 | 4 55 | 11 21 | 6 15 | 5 12 | 11 26 |
| 4 | Th | Dynamite introduced '64 | 6 36 | 4 50 | morn | 6 33 | 4 54 | morn | 6 16 | 5 11 | morn |
| 5 | Fri | Alcohol prohibited in Finland '07 | 6 38 | 4 49 | 12 20 | 6 35 | 4 53 | 12 25 | 6 17 | 5 10 | 12 31 |
| 6 | Sa | Norway's integrity guaranteed by powers '07 | 6 39 | 4 47 | 1 30 | 6 36 | 4 51 | 1 35 | 6 18 | 5 9 | 1 41 |
| 7 | Su | **22nd Sunday after Trinity** | 6 40 | 4 46 | 2 40 | 6 38 | 4 50 | 2 45 | 6 19 | 5 9 | 2 50 |
| 8 | M | Herbert Spencer died '03 | 6 42 | 4 45 | 3 50 | 6 39 | 4 49 | 3 54 | 6 19 | 5 8 | 3 59 |
| 9 | Tu | Great Boston fire '72 | 6 43 | 4 44 | 4 40 | 6 40 | 4 48 | 4 45 | 6 20 | 5 8 | 4 51 |
| 10 | W | British Squadron in N.Y. '05 | 6 45 | 4 42 | 5 28 | 6 42 | 4 47 | 5 31 | 6 21 | 5 7 | 5 37 |
| 11 | Th | $2,000,000 fire Superior '07 | 6 46 | 4 41 | 6 05 | 6 43 | 4 46 | 6 09 | 6 22 | 5 6 | 6 14 |
| 12 | Fri | Stoessel tried for cowardice '07 | 6 48 | 4 40 | sets | 6 44 | 4 45 | sets | 6 23 | 5 6 | sets |
| 13 | Sa | Colombia protests against U.S. ackn. Panama '03 | 6 50 | 4 39 | 6 20 | 6 46 | 4 44 | 6 24 | 6 23 | 5 5 | 6 29 |
| 14 | Su | **23rd Sunday after Trinity** | 6 52 | 4 37 | 7 17 | 6 47 | 4 43 | 7 21 | 6 24 | 5 5 | 7 27 |
| 15 | M | Mauretania's first trip '07 | 6 53 | 4 36 | 8 14 | 6 48 | 4 42 | 8 18 | 6 25 | 5 4 | 8 23 |
| 16 | Tu | American fleet leaves for Pacific '07 | 6 54 | 4 35 | 9 12 | 6 49 | 4 41 | 9 17 | 6 26 | 5 4 | 9 24 |
| 17 | W | Oklahoma and Indian Terr. admit. as state '07 | 6 55 | 4 34 | 10 10 | 6 50 | 4 40 | 10 16 | 6 27 | 5 3 | 10 22 |
| 18 | Th | Nez Perces reservation opened '95 | 6 57 | 4 33 | 11 10 | 6 51 | 4 40 | 11 14 | 6 28 | 5 3 | 11 19 |
| 19 | Fri | Charles of Denmark King of Norway '07 | 6 58 | 4 33 | morn | 6 52 | 4 39 | morn | 6 28 | 5 3 | morn |
| 20 | Sa | Am. Fed. Labor opposes Asiatic lab. immigr. '07 | 6 59 | 4 32 | 12 08 | 6 53 | 4 38 | 12 12 | 6 29 | 5 2 | 12 16 |
| 21 | Su | **24th Sunday after Trinity** | 7 0 | 4 31 | 1 19 | 6 54 | 4 38 | 1 23 | 6 30 | 5 2 | 1 29 |
| 22 | M | Jap. students and merchants adm. to U.S. '07 | 7 1 | 4 30 | 2 05 | 6 55 | 4 37 | 2 12 | 6 31 | 5 2 | 2 16 |
| 23 | Tu | 5,000 Jews killed, Russian riot '05 | 7 2 | 4 30 | 3 32 | 6 57 | 4 36 | 3 37 | 6 32 | 5 1 | 3 41 |
| 24 | W | Great London fog 1840 | 7 3 | 4 29 | 4 46 | 6 58 | 4 36 | 4 51 | 6 33 | 5 1 | 4 59 |
| 25 | Th | Thanksgiving day | 7 4 | 4 29 | 5 53 | 7 0 | 4 35 | 5 59 | 6 33 | 5 1 | 6 2 |
| 26 | Fri | First steam printing 1814 | 7 5 | 4 29 | rises | 7 1 | 4 35 | rises | 6 34 | 5 1 | rises |
| 27 | Sa | Alex. Dumas died '95 | 7 6 | 4 29 | 6 27 | 7 2 | 4 35 | 6 32 | 6 35 | 5 1 | 6 39 |
| 28 | Su | **Advent Sunday** | 7 7 | 4 28 | 7 33 | 7 2 | 4 34 | 7 38 | 6 36 | 5 0 | 7 42 |
| 29 | M | Jamestown Expos. opened '07 | 7 8 | 4 28 | 8 41 | 7 3 | 4 34 | 8 46 | 6 37 | 5 0 | 8 52 |
| 30 | Tu | St. Andrew's Day | 7 9 | 4 28 | 9 47 | 7 4 | 4 34 | 9 52 | 6 38 | 5 0 | 9 56 |

NO FEAR OF CONTAGION if System is in Condition **Dr. Herrick's Pills** ARE GOOD CONDITION MAKERS

**Dr. Herrick's Capsicum Plasters on Chest for Cough.**

# COUGH—COLD.

When the system is in a good condition, it will not allow the temperature to sink lower than is conducive to health. It is so perfectly adapted to changes of climate that it can bear a change from 75 degrees below zero to 160 above.

Yet there are times when the sinking of the temperature is so rapid that nature cannot quite follow and fails to adapt herself to the quick change. Persistent draughts, wetting of the feet when you have shoes and stockings on, exposure to cold without proper clothing, are likely to produce a lowering of the blood heat—a cold.

Morphine syrups, such as are usually prescribed under some name or other, only have the tendency to weaken you far enough so that you no more feel the results; but the results nevertheless remain and will be felt again as soon as you are strong enough once more to be natural.

The only proper way to cure such an affliction is by strengthening the system, and that can be done best by taking Renne's MAGIC OIL. As nature must cast off all the serum that leaves the blood vessels and gets between the fibres, it is proper to aid her by taking DR. HERRICK'S SUGAR-COATED VEGETABLE PILLS. On the sore chest you apply one of DR. HERRICK'S CAPSICUM PLASTERS. This is a rational treatment, not symptom doctoring.

## The Last Resort! Do Not Despair!

### After Mercury Fails

# SWAIM'S PANACEA CURES

## TRY IT AND LIVE!

**SEND A 2-CENT STAMP FOR BOOKLET**

Swaim's PANACEA is the logical remedy for ulcers, old sores, psoriasis, eczema, urticaria, and other skin troubles.

There are ulcers that seem to resist all treatment and simply will not heal. If the patient will take a course of treatment with PANACEA he will find his skin becoming clear and healthy, simply because that remedy takes from the blood the poisons that seek egress through the skin.

OPEN SORES that become worse the more there is done for them, are successfully treated with Swaim's PANACEA. Much time and money are wasted by people who suffer from such a trouble; and the longer they delay this, the proper treatment, the deeper the scar will be that is left after this remedy of last resort is finally successful in curing it. Do not delay, if you do not want to have a scar for life.

It is said that the brown marks left on the lower limbs after certain skin troubles will never be removed. If those who are afflicted by them will take Swaim's PANACEA they will find that these marks that disfigure them will gradually lose their darkness and will finally disappear entirely. Why not have a perfect skin without recurring ulcers and without lasting marks?

Young people sometimes are afflicted with eruptions of the skin, for which no one can account unless they inherited them, which is more than likely. No remedy seems to have the slightest effect upon them, and they pass the prettiest part of their lives, when beauty is so much desired and appreciated, in the tortures of ugliness and disfiguration. Let them take Swaim's PANACEA,—it will drive away their blemishes and restore them to their birthright of beauty and health.

Who has not heard of Scrofula? From infancy to age some persons are walking patches of sores, that baffle medical skill. Let them try the last resort,—Swaim's PANACEA.

Sore lips, sore ears, sore nose, sore eyes afflict so many unfortunates. Instead of using salves and pastes and powders to drive the trouble into the system, let them use Swaim's PANACEA, which is specifically intended to cure just such troubles.

**DR. HERRICK'S FAMILY MEDICINE CO., 500 North Second Street, St. Louis, Mo.**

12th Month. **DECEMBER** 31 Days.

**WEATHER FORECAST—1909.**

**DECEMBER.**

Clear, cool, pleasant till end. Storm periods: 5th to 8th, 13th to 17th, 24th to 28th. First decidedly cooler with cold rushes from the north; second clear with warmer spell; third, snowstorms with ice and real winter weather. White Christmas for a change.

| Moon's Phases. | E. Div. D. H. M. | Cent. Div. D. H. M. |
|---|---|---|
| Last Quar. | 4 11 28 m. | 4 10 28 m. |
| New Moon | 12 3 14 e. | 12 2 14 e. |
| First Quar. | 19 9 33 e. | 19 8 33 e. |
| Full Moon | 26 4 45 m. | 26 3 45 m. |

| Day of Month | Day of Week | HISTORICAL EVENTS. | BOSTON. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW YORK. Sun rises h m | Sun sets h m | Moon R.&S. h m | NEW ORLEANS. Sun rises h m | Sun sets h m | Moon R.&S. h m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | W | 6 torpedo boats lv. Norfolk for San Francisco '07 | 7 10 | 4 28 | 10 38 | 7 5 | 4 34 | 10 42 | 6 39 | 5 0 | 10 48 |
| 2 | Th | Bull Run battlefield sold at auction '95 | 7 11 | 4 28 | 11 24 | 7 6 | 4 34 | 11 26 | 6 39 | 5 0 | 11 29 |
| 3 | Fri | Mt. Temple, Canad. Pacific steamer, wrecked '07 | 7 12 | 4 28 | 11 50 | 7 7 | 4 34 | 11 54 | 6 40 | 5 0 | 11 58 |
| 4 | Sa | Deep water convention, Washington, '07 | 7 13 | 4 28 | morn | 7 8 | 4 33 | morn | 6 41 | 5 0 | morn |
| 5 | Su | **2nd Sunday in Advent** | 7 14 | 4 28 | 12 10 | 7 9 | 4 33 | 12 13 | 6 42 | 5 1 | 12 16 |
| 6 | M | St. Nicholas | 7 15 | 4 28 | 1 18 | 7 10 | 4 33 | 1 24 | 6 43 | 5 1 | 1 31 |
| 7 | Tu | Maceo, Cuban patriot, killed '97 | 7 16 | 4 28 | 2 35 | 7 11 | 4 33 | 2 41 | 6 43 | 5 1 | 2 47 |
| 8 | W | King Oscar, Sweden, died '07 | 7 17 | 4 28 | 3 50 | 7 12 | 4 33 | 3 54 | 6 44 | 5 1 | 3 58 |
| 9 | Th | 300 men killed in W. Va. coal mine '07 | 7 18 | 4 28 | 4 52 | 7 13 | 4 33 | 4 59 | 6 45 | 5 1 | 5 6 |
| 10 | Fri | Rudyard Kipling received Noble prize, liter. '07 | 7 19 | 4 28 | 5 42 | 7 14 | 4 33 | 5 47 | 6 45 | 5 1 | 5 51 |
| 11 | Sa | Carnegie gives $12,000,000 to Wash. Ins'tute '07 | 7 20 | 4 28 | sets | 7 15 | 4 33 | sets | 6 46 | 5 1 | sets |
| 12 | Su | **3rd Sunday in Advent** | 7 21 | 4 28 | 6 50 | 7 16 | 4 33 | 6 54 | 6 47 | 5 2 | 6 58 |
| 13 | M | 200 lives lost Black sea '07 | 7 22 | 4 28 | 7 46 | 7 17 | 4 33 | 7 50 | 6 47 | 5 2 | 7 55 |
| 14 | Tu | Aguinaldo captured '01 | 7 23 | 4 29 | 8 56 | 7 18 | 4 33 | 9 00 | 6 48 | 5 2 | 9 08 |
| 15 | W | Ember Day | 7 24 | 4 29 | 10 01 | 7 18 | 4 34 | 10 07 | 6 49 | 5 3 | 10 14 |
| 16 | Th | 260 killed, Birmingham coal mine '07 | 7 24 | 4 29 | 11 27 | 7 19 | 4 34 | 11 32 | 6 49 | 5 3 | 11 39 |
| 17 | Fri | Ember Day | 7 25 | 4 29 | morn | 7 19 | 4 34 | morn | 6 50 | 5 3 | morn |
| 18 | Sa | Ember Day | 7 25 | 4 29 | 12 28 | 7 20 | 4 34 | 12 32 | 6 50 | 5 4 | 12 37 |
| 19 | Su | **4th Sunday in Advent** | 7 26 | 4 30 | 1 12 | 7 20 | 4 34 | 1 17 | 6 51 | 5 4 | 1 22 |
| 20 | M | 12 Americans massacred by Yaquis, Mexico '07 | 7 26 | 4 30 | 1 50 | 7 20 | 4 35 | 1 55 | 6 51 | 5 4 | 1 59 |
| 21 | Tu | Riot in Cuba against American planters '07 | 7 27 | 4 30 | 2 22 | 7 21 | 4 35 | 2 26 | 6 52 | 5 5 | 2 33 |
| 22 | W | 175 killed, coal mine explosion, Pennsylvania '07 | 7 27 | 4 31 | 3 15 | 7 21 | 4 35 | 3 19 | 6 52 | 5 5 | 3 22 |
| 23 | Th | Atlantic fleet at Trinidad '07 | 7 27 | 4 31 | 3 52 | 7 22 | 4 35 | 3 59 | 6 53 | 5 6 | 4 6 |
| 24 | Fri | Prohibition in Alabama '07 | 7 28 | 4 32 | 4 38 | 7 22 | 4 36 | 4 43 | 6 53 | 5 7 | 4 49 |
| 25 | Sa | Christmas | 7 28 | 4 32 | 5 30 | 7 22 | 4 36 | 5 37 | 6 54 | 5 7 | 5 44 |
| 26 | Su | **Sunday after Christmas** | 7 28 | 4 33 | rises | 7 23 | 4 37 | rises | 6 54 | 5 8 | rises |
| 27 | M | Phenomenal storms in Europe '07 | 7 29 | 4 33 | 6 15 | 7 23 | 4 38 | 6 20 | 6 54 | 5 8 | 6 26 |
| 28 | Tu | Suez Canal opened '69 | 7 29 | 4 34 | 7 28 | 7 23 | 4 39 | 7 33 | 6 55 | 5 9 | 7 39 |
| 29 | W | Sherman law repealed '93 | 7 29 | 4 35 | 8 40 | 7 23 | 4 40 | 8 46 | 6 55 | 5 10 | 8 51 |
| 30 | Th | Burmah annexed to British India '85 | 7 30 | 4 36 | 9 52 | 7 24 | 4 41 | 9 58 | 6 55 | 5 10 | 10 02 |
| 31 | Fri | Lucky Day | 7 30 | 4 37 | 10 28 | 7 24 | 4 42 | 10 31 | 6 56 | 5 11 | 10 36 |

CLEAN, APPETIZING, QUICK TO KILL PAIN *RENNE'S MAGIC OIL*

Harvell's Condition Powders 70 years before the public.

# RECIPES.

### STRAWBERRY PUDDING.

Make a batter of a cup of milk and a cup and a half of sifted flour. Add two eggs (beaten), a tablespoonful of butter and a teaspoonful of baking powder. Have a quart of berries washed, drained and stemmed; add to them two cups of granulated sugar; stir well and let stand while preparing the batter. Butter custard cups and fill them; first a layer of batter, then a layer of berries; then batter, then berries, until two-thirds full. Steam half an hour and serve with the juice of the berries.

### CUCUMBER SALAD—A dainty dish.

Simmer pared and sliced cucumbers in a little water until tender; drain well; add salt and a dust of cayenne pepper. To each cup of this cucumber add a teaspoonful of gelatine; place in a flat dish and put on the ice until chilled. Take large shapely cucumbers, cut in half lengthwise; scoop out the pulp, wash and chill the shells. Into these little canoes place the cucumber salad, broken in bits; put mayonnaise over it and garnish with tiny strips of red pepper.

### RAISIN SAUCE—Serve with boiled tongue.

Cook slowly for two hours one cup of seedless raisins in four cups of water; add a pinch of salt, a teaspoonful of cornstarch and one cup of granulated sugar mixed together and simmer five minutes. Remove from fire and add a tablespoonful of lemon juice, and the sauce is ready to serve. This can be served on suet or cottage puddings, as well as with tongue.

### FIRST-CLASS PIE-CRUST.

Into three cups of sifted flour put one cup of lard. With a knife mix the lard into the flour by cutting the lard into bits the size of a hazelnut. Add slowly three-quarters of a cup of water, stirring the mixture with the knife. (The hands should not be used and the dough should be rather dry.) Turn out on a baking board, sprinkle lightly with flour and roll out away from, not towards, you. Now fold the dough in three parts and turn it half-way round, then roll as before; fold in three parts, turn and roll again; then fold and place in the ice box for twenty minutes, and then it is ready for use.


# Ozmanlis Oriental Pills

STOP DRAINS LOSSES ENERVATION

GIVE POWER VIRILITY STRENGTH

Men who have drunk too freely from the cup of life, and are now disappointed at every step because of losses that still further weaken poor nature, should not despair. There is still hope for them in OZMANLIS ORIENTAL PILLS. Take them as directed and you will gain power apace with the stoppage of unnatural losses.

Virile manhood with all its buoyancy is yours, if you will but take a friendly advice.

Exhaustion often is the dregs of the cup, and the penalty of excess. Many a one falls back in despair and broods over his misfortune, sometimes with dire results. Does he not see the beacon-light that will guide him to restoration? OZMANLIS ORIENTAL PILLS are that beacon-light. Write for descriptive booklet. Price $1.00 per box, or six boxes for $5.00.

**DR. HERRICK'S FAMILY MEDICINE CO., 500 North Second Street, St. Louis, Mo.**

# RECIPES.

### MOULDED STRAWBERRY CREAM.

Wash, drain and hull a quart of berries, and lay them on a fine hair sieve; sprinkle over them two tablespoonfuls of sugar and press them through. Dissolve two tablespoonfuls of gelatine in a little cold water; add the juice of a lemon and half a cup of sugar. When entirely dissolved strain over the berries; add half a pint of whipped cream, if you have it; if not, the stiffly beaten whites of three eggs sweetened to taste; stir all lightly. Wet the inside of a pretty mould in cold water, or small individual moulds may be used, and fill. Cover and set where it will chill thoroughly for several hours. Raspberries are delicious served this way.

### CHOCOLATE PUDDING.

Scald a quart of milk and stir into it a square and a half of chocolate that has been dissolved in a little cold milk. Pour this into a pudding dish; add the beaten yolks of six eggs and six tablespoonfuls of sugar. Steam at least three-quarters of an hour. Make a meringue of the whites beaten in with sugar; spread on the top of the pudding and set in the oven to brown.

### FRENCH PUFFS.

Cut slices of fresh bread into small fancy shapes. Beat up three eggs; add a little sweet milk, a few drops of vanilla and a small quantity of sugar. Drop the pieces of bread into this mixture and then dip into hot fat. They will brown quickly and puff up into delicious looking morsels.

---

"Is it true that automobiling hurts the face?"

"It is undoubtedly true; but most chaps who are hurt don't know it."

---

"I suppose they moved out into the country to economize?"

"Oh, no. They moved out to raise their own vegetables."

---

"Katie, do not gorge too much,—there is still the dessert."

"Yes, ma; I'm keeping the neck for that."

Bidder: What are you feeling so uncommon jolly over?

Kidder: Why, my best girl went and got married yesterday.

Bidder: Seems to me that is the last thing for a chap to feel jolly about.

Kidder: Well, you see, it was to me she went and got married to.

Cigars were on Bidder.

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At the eruption of Vesuvius.

American: It is as hot here as in hades.

Pat: What travelers these Americans are!

**DR. L. R. HERRICK'S SUGAR-COATED VEGETABLE PILLS**

carry away poison. They will make all the system pure and sweet. Distress will vanish, and sweet refreshing sleep will follow the use of DR. HERRICK'S VEGETABLE PILLS.

***THEY ARE OF UNEQUALLED VALUE***

# TOILET HINTS.

### FACIAL MASSAGE.

A plentiful use of cold cream, the kind that feeds the skin, and massage are the best cure for wrinkles.

Each wrinkle needs its own peculiar motion: up from the chin, to cure the sagging around the mouth; gently down on the forehead for the horizontal wrinkles; across for the vertical ones; a rotary motion for the crow's feet, etc. The motions are all circular: up and out, never down. The best massage is after the Swedish system,—it should not be too vigorous, and with a fine skin it should be very gentle. When the face is to be massaged it is first washed with warm water, and then anointed very thickly with cold cream, and the motions described above gone through with each wrinkle.

### CUCUMBER LOTION TO WHITEN HANDS, FACE AND THROAT.

Cut up the cucumbers, peel and all; stew slowly in a very little water until the whole can be rubbed through a collender. Strain out all the seeds. To each half-pint add three-quarters of an ounce deodorized alcohol, five-eighths of an ounce of oil of Benne; seven-eighths of a drachm blanched and pounded almonds, and a half a drachm of any good white shaving soap. Mix and apply like any lotion.

### TO REMOVE SUPERFLUOUS HAIRS.

Get a toilet pommice stone in the drug store; lather the part with a pure soap and rub the pommice stone over it. Wash the lather off and apply cold cream. This must be done each day until the hair is removed.

### ASTRINGENT FOR FLABBY SKIN FROM ANY CAUSE.

Put an eighth of an ounce of tincture of benzoin and three grains of tannic acid in a half ounce of elderflower water; add an ounce and one-half of rose water and apply three times a day with a soft cloth, letting it dry in.

### OINTMENT FOR A SHINY NOSE.

One drachm powdered sulphur; two and one-half drachms powdered starch; one and one-half ounces zinc oxide ointment; three drops oil of rose. Mix and apply at night. In the morning apply cold cream. Repeat these applications several nights.

### TO REDUCE THE HIPS.

Lie flat on the floor, on your back. Lift first one and then the other leg until it stands perfectly vertical. Alternate this way until you are tired. Repeat when you are rested and, in fact, as often as you can without tiring yourself out. No exercise brings quicker results. In going through this exercise be careful to keep the legs well together, so as not to produce too much strain on the abdomen.

The reverse exercise will reduce the abdomen as well as the hips. Lie flat on the floor on your face. Lift the hips from the floor by placing your palms on the floor. Repeat the up and down motion as often as you can,—it is effective but laborious.

A first-class means of diminishing the size of the hips is, let an attendant roll over them a roller with a handle such as are used for copying machines. The pressure should be firm but not too heavy.


## RIGHT ON THE SPOT

When you have pain, or when any part of you needs strengthening, then right on the spot apply one of

**Dr. Herrick's**

**Capsicum or Red Pepper Plasters**

*Have them in the house ready for use at once.*

*Accept no Substitute. Avoid all Imitations.*

# Why Should You Suffer?

The illnesses of infancy, of middle life and of old age, are all relieved and cured by

## RENNE'S

## PAIN-KILLING MAGIC OIL

**Angina, Colds, Coughs, Sore Throat, Colic, Diarrhœa, Dysentery, Cholera Morbus, Rheumatism, Neuralgia, Lumbago, Pains in Joints, Sprains, Wounds, Bruises and Hives,**

All yield to this satisfactory, never-failing remedy. It is cleanly, not greasy, and it will not fail you in emergency, just as it never has failed anyone who has trusted it and relied upon it. Don't delay. Don't let your children, or any in the family, wait and suffer. Have on hand ready so that all suffering may soon be forgotten,

**RENNE'S PAIN-KILLING MAGIC OIL.**

DOSE—15 DROPS IN MILK OR WATER.

# Another Year is Now Before Us

and in concluding our work on this, the seventy-fourth number of our

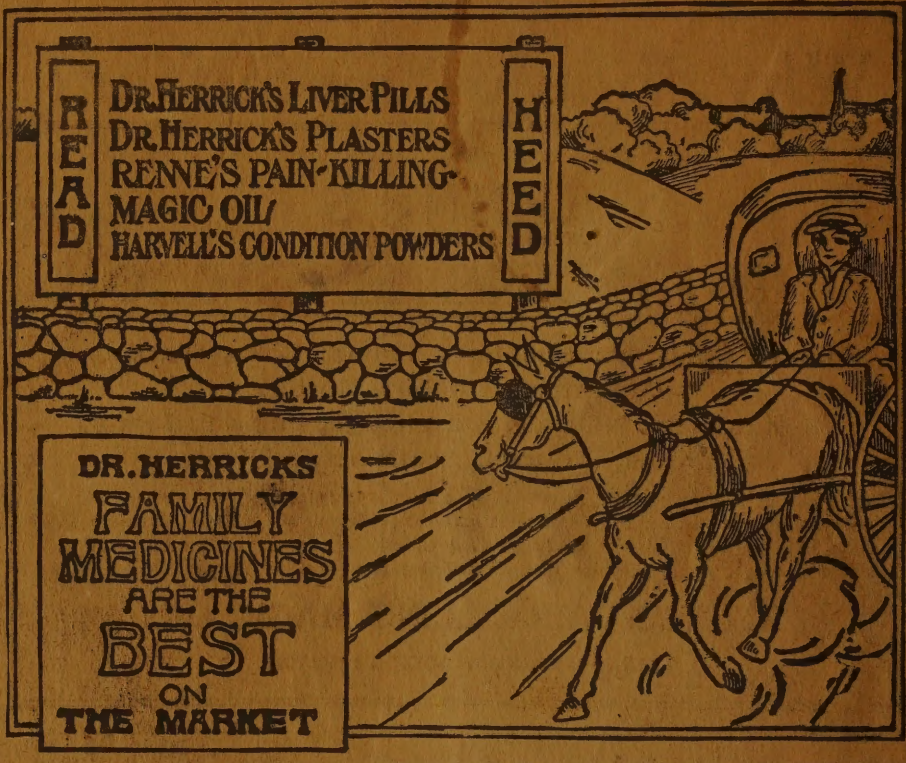
## National Calendar OR Herrick's Almanac

we wish to extend to all our friends, the whole wide world over, our best wishes that the year of 1909 shall be the happiest, healthiest and most prosperous they have ever known. We like to think, moreover, that in bringing to their attention the marvelous good qualities of DR. HERRICK'S SUGAR-COATED PILLS, DR. HERRICK'S PLASTERS, HARVELL'S CONDITION POWDERS, and RENNE'S PAIN-KILLING MAGIC OIL, we are aiding one and all to that knowledge which will restore or maintain the health, which is essential to happiness, and which is necessary if prosperity is to be attained. To our old friends, we need say little except to remind them of the scrupulous care we exercise to be sure that the materials of these matchless remedies are the purest and best to be obtained anywhere in the world. To our new friends—those, perhaps, who are reading this Almanac for the first time—we want to add that we know that if they try these household remedies, they will become attached and certain friends of ours for all time. They will find them all unequalled as restoratives of health and so satisfactory that imitations will never find entrance to their homes.

**DR. HERRICK'S FAMILY MEDICINE CO.,**

**JAMES F. BALLARD, Proprietor.**

**500-502 North Second Street, - - - - ST. LOUIS, MO., U. S. A.**




# Harvell's Condition Powders

make hens lay. They make your fowls healthy and they are superior to any other Horse or Cattle Powders on the Market.

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DR. HERRICK'S FAMILY MEDICINE CO.,

JAMES F. BALLARD, PROPRIETOR.

500 North Second Street, ST. LOUIS, MO., U. S. A.

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